

## Donation Items For Days For Girls - <https://www.daysforgirls.org/>



### [Days for Girls International](https://www.daysforgirls.org/)

Days for Girls advances menstrual equity, health, dignity and opportunity for all. We transform periods into pathways.

[www.daysforgirls.org](https://www.daysforgirls.org/)

#### Underwear -

- Mostly cotton—briefs, bikinis or hipsters are good, no thongs, boy shorts.
- Girl's sizes 8-14
- Choose bright colors - no designs
- Do not wash.

#### Washcloths

- 100% cotton only (inexpensive ok)
- Do not wash
- Dark/bright colors - no light colors

Hotel Soaps - only need the actual bar soap

#### **Possible Fabric Donation - Must follow Rules**

##### Quilters Cotton Fabric

- 100% cotton only
- Pick bright colors that will hide blood stains and appeal to girls
- No faces or eyes, camouflage, insects, or animals—butterflies only are ok. Plants and Geometrics are best.

##### Cotton Flannel

- 100% cotton, highest quality
- No plaids from Joann's (too thin)
- Pick bright colors that will hide blood stains and appeal to girls
- No faces or eyes, camouflage, insects, or animals—butterflies only are ok. Plants and Geometrics are best.

##### Fabric for Bags

- Can be 100% cotton or cotton poly at least 50% cotton
- Pick bright colors that will hide blood stains and appeal to girls
- No faces or eyes, camouflage, insects, or animals—butterflies only are ok. Plants and Geometrics are best.