



OKLAHOMA CareerTech

FCS Family and Consumer Sciences
FCCLA - Family, Career and Community Leaders of America

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September 27, 2022

Salary & Teaching Report

Click this link for helpful tidbits on Salary & Teaching Reports that are due **September 30, 2022**.

[Help](#)

District STAR Event Registration Deadline October 26

Mark your calendars for October 26, the deadline to register for District STAR Events. This deadline is only for the events beginning at the district level. Those events are: Cake Decorating, Career Investigation, Children's Literature, Creed Speaking & Interpretation, Job Interview, New Member Facts, Professional Presentation, and Repurpose and Redesign. To register, visit www.oklahomafccla.org > Compete > STAR Events.

STAR Events Guidelines Now Available in your FCCLA Portal

[FCCLA Portal](#) > Resources > Competitive Events > 2022-2023 STAR Events Guidelines. Oklahoma events, which do not advance to the National Leadership Conference, are on www.oklahomafccla.org > Compete > STAR Events.

Lottery Grant 2022-23

If you received a Lottery Grant please email your reimbursement packet to rose.mangold@careertech.ok.gov. Once received, it will be processed and you will be notified if any further information is needed. Reimbursements will not be processed for requests postmarked after February 1, 2023.

FCCLA Affiliation

FCCLA is offering affiliation packages again this year, so don't miss out!

Regular Affiliation - \$14 per student

Up to 25 Package – affiliate up to 25 students, plus receive a free National Program, National Alumni & Associates lifetime dues, free Chapter Adviser Academy registration, plus additional perks added throughout the year for \$540. Additional members past 25 are \$14 each.

Unlimited Package – affiliate every student currently in your class and those who have taken an FCS course. Includes unlimited adviser affiliations, free adviser academy registration, free national program download, life time national alumni & associates membership - \$1,090. \$500 of your 412 funds may be used towards affiliation.

Affiliate by October 10!

SAVE THE DATE

9/29/22

ECE Annual Training

Gordon Cooper Technology Center

1 John C. Bruton Dr.

Shawnee, OK 74804

1.405.273.7493

Hosted by Keri Laxton-ECE Director



STAR Events Chart

Wondering which events your students can compete? Take a look at the STAR Events Chart! This document breaks down which events begin at the district, region, and state level and which levels can compete per event – levels 1, 2, 3, or 4. The chart is located on the Oklahoma FCCLA website – www.oklahomafccla.org > Compete > STAR Events.

Work-based learning video contest opens

Oklahoma CareerTech is accepting entries for a work-based learning video contest. The contest allows students in CareerTech work-based learning to show the benefits they receive. Students will write and produce their own videos and can win cash for their programs. The winning videos will be presented on Oklahoma CareerTech's website and YouTube channel.

Students can compete in two categories: high-end edited videos of 3 to 4 minutes and social media-type videos of 2 to 3 minutes. Six videos will be selected in each category; high-end winning videos will earn programs \$500, and social media-type winning videos will earn programs \$250.

Each program may submit up to five videos, and a single program can have up to three winning videos. The submission deadline is **Dec. 16**.

For more information, visit the [Oklahoma CareerTech website](http://www.oklahomacareertech.org).

Curriculum Spotlight

Teaching strategies, also known as instructional strategies, are methods that teachers use to deliver course material in ways that keep students engaged and practicing different skill sets. An instructor may select different teaching strategies according to unit topic, grade level, class size, and classroom resources. Many kinds of instructional strategies are employed to achieve teaching and learning goals and support different kinds of students. This link lists many instructional strategies with examples of how to effectively use in the classroom: <https://education.alberta.ca/media/482311/is.pdf>

Adviser Academy

[Future Adviser Academy](#)

Alumni and Associates members in Post-secondary FCS Education programs

[Course One](#)

Advisers with fewer than five years of experience

[Course Two](#)

Advisers with over five years of experience or Course One graduates

Advisers who enrolled in a 2021-2022 Temporary Membership Package and did not redeem their free Adviser Academy code have until **November 1, 2022**, to redeem the package benefit before the code expires. Adviser Academy codes can also be gifted to new advisers or secondary advisers.

The 2022-2023 Temporary Membership Package codes will expire on **November 1, 2023**.

Best Practices for Teaching Sewing!



Learn how to teach your students to thread the machine and then make three classroom appropriate projects. Walk away with a web address that includes both written and video tutorials for the projects you made.

All materials and pattern information are provided along with a one-year subscription to video and print instructions. Bring a working sewing machine, bobbin, thread, seam ripper and dressmaker's shears or fabric scissors.

Lunch is included in the \$100 registration fee.

Friday, October 7, 2021 at Pontotoc County Extension Office in Ada, Oklahoma. [Sewist Savvy Signup](#)

OK Beef Grant Reimbursement Form

For the OK Beef Grant, please submit the form to Sammy Head, SHead@oklabeef.org.

For additional information contact him at P: 405-840-3777 x301 | C: 405-640-4352 text/call or www.oklabeef.org.

Purchase your beef up to \$250.00. **Complete the reimbursement form, attach the receipts, then email them to SHead@oklabeef.org.** Please send a thank you note to them for the

generous support of your classroom. Reminder-purchase your beef separately from your other grocery store items.

Reimbursement Form

Ready to pursue your MS in FCSED?

Ready to pursue your MS in FCSED? Looking for a 100% online program? Look no further than Oklahoma State's program! It includes 36 hours of coursework taught by FCSED faculty at OSU and 5 partner institutions, and is designed to help you meet your professional goals. This program does not lead to teacher certification, but rather was designed to enhance your current teaching and FCCLA responsibilities while also preparing you for future administrative or specialist opportunities. Go to <https://osuonline.okstate.edu/programs/graduate/family-and-consumer-sciences-education-master-of-science.html> for more details about the courses, costs, and scholarships.

Applications are being taken now for spring and summer 2023 starts!

Need more information? Contact Dr. Paula Tripp at paula.j.tripp@okstate.edu.

Dates and Deadlines

September 29: ECE Annual Training

September 30: Salary & Teaching Schedule Due

October 1: STAR Events Manual

October 7: Best Practices for Teaching Sewing

October 10: Affiliation Deadline

October 26: FCCLA District STAR Events Registration Deadline

October 31: CESI

November 1: Adviser Academy Code

November 30: Follow-Up Collection

December 16: Video Contest Deadline

February 1: Lottery Grant Deadline
