

# FRIDAY FACTS



Today the newsletter focuses on recent activities we have participated in with Oklahoma's Cooperative Extension Service. One of the degree options for OSU's Family and Consumer Sciences Education undergraduate program is Cooperative Extension Service, and is tailored for those who plan a career as a Family and Consumer Sciences county educator.

Whether our undergraduate students are in the Extension option or the teacher certification option, they all complete field experiences with FCS county educators. This includes visits with at least three different FCS county educators, attendance at educational workshops, and assisting with 4-H and OHCE activities. These involvements take place in three different courses that all of our undergraduate students complete.

In addition, during coursework our students complete at least 30 of the Extension Core Competency Modules that are provided as online content resources for county educators. The topics vary from history of the profession to all FCS content areas. By completing these modules while at OSU, the students gain deeper insights of the vast content that Extension educators provide.

This past July four students in our Family and Consumer Sciences Education program were part of Oklahoma's 4-H Roundup activities. The three-day event was held on the Oklahoma State University campus for 4-H'ers from across the state. Kenzlee Camp, AJ Frizzell, Rhegan Morgan, and Zoe Sitsler joined me in presenting two sessions of *Say Yes to FCS at OSU!* Two of those students were 4-H members, and they reflected on and explained the deep value of 4-H in their leadership development, as did I as an 8-year member in Louisiana. We provided hands-on activities that were representative of what an FCS county educator would provide. A favorite was *Fruit and Veggie Color Bingo* that AJ provided for us from her experiences in Arkansas.

During Roundup we also had an exhibit during Pete's Picnic at Gallagher-Iba Arena of our Family and Consumer Sciences Education program that many of the 4-H'ers visited. Joining me was Ethan Harris, Student Recruitment Assistant in our college's Watson Family Student Development Center.

In addition, several of our FCSED students have been selected over the past few years for the summer internship program offered through Oklahoma Extension. These provided 10 weeks of full-time opportunities to be immersed in county Extension events and activities as well as planning and delivering workshops for varied audiences.

At the graduate level, students in my FCSE History and Philosophy class interview an Extension educator to learn more about potential collaborations.

In addition, I had the opportunity to work with Cheryl Newberry, OSU Extension's Program and Personnel Development Specialist, who facilitated work with a small group of OSU teacher educators and Extension educators that provided in-service training for new Extension professionals in Ag, CNEP, 4-H, and FCS. We focused on several teaching strategies and learning styles the educators could utilize in their presentations.

Our partnerships with FCS educators in the Cooperative Extension Service are strong and mutually beneficial. It's exciting to consider our future Extension activities for our students and the program!

## GOOD AFTERNOON

It's a pleasure to provide weekly update messages about our Family and Consumer Sciences Education program at Oklahoma State University!! These are sent to our current OSU students in the program, OSU alumni of the FACSED, HEECS, and HEED programs that I have email information for, and other supporters of our FACSED program. Please feel free to reply to add your insights! You are also welcome to share this message with others you think would like to know more about how our students are learning to make life-long impacts on individuals, families and communities in our content areas!!

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**HUMAN DEVELOPMENT  
 AND FAMILY SCIENCE**