



# OKLAHOMA CareerTech

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**FCS** Family and Consumer Sciences  
FCCLA - Family, Career and Community Leaders of America

Contact Us

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October 26, 2022

## Curriculum Spotlight



Needing fashion design and/or merchandising activities? Check out this website for engaging activities: <https://fidm.edu/en/about/educator-outreach/classroom-activities/>

Complete lesson plans include:

Quick & Easy Color Wheel (students will dye fabric to create the colors of the wheel)

Why People Wear Clothes

Recycle, Reinvent, Redesign

Textile Design for Protective Clothing

History of Costume through TV and Film

In the "Just for Educators" section, check out Games that Teach for more activities!

## Work-Based Learning Video Contest



Oklahoma CareerTech is accepting entries for a work-based learning video contest. The contest allows students in CareerTech work-based learning to show the benefits they receive. Students will write and produce their own videos and can win cash for their programs. The winning videos will be presented on Oklahoma CareerTech's website and YouTube channel.

Students can compete in two categories: high-end edited videos of 3 to 4 minutes and social media-type videos of 2 to 3 minutes. Six videos will be selected in each category; high-end winning videos will earn programs \$500, and social media-type winning videos will earn programs \$250.

Each program may submit up to five videos, and a single program can have up to three winning videos. The submission deadline is **Dec. 16**.

### INFORMATION

## E3 Conference

Make plans to join CareerTech educators at the **E3 Conference on January 12, 2023 in Oklahoma City**. There will be sessions for all levels of educators. Registration now for \$35. Seating is limited.

**E3**

**CONFERENCE**

Thursday, Jan. 12, 2023 • 8:30AM-3:30PM  
 Metro Technology Centers  
 Springlake Campus • Oklahoma City

ENERGIZE  
 ENLIGHTEN  
 EDUCATE

with keynote speaker  
**KENT JULIAN**

- Learn strategies to **energize** the classroom and **enlighten** the mind.
- Attend breakout sessions:
  - Classroom management
  - Best practices for CTSO advisers
  - Understanding feedback
  - Time management
  - Growth mindset
  - And more to **inspire and engage**
- Join CareerTech educators from across Oklahoma.

REGISTRATION **\$35** Register at <https://tinyurl.com/E3conference23>

For more information, scan the QR code or contact

Nancy Rodriguez  
 Nancy.Rodriguez@careertech.ok.gov  
 405-743-5179

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 Tessa.Lazor@careertech.ok.gov  
 405-743-5155

CareerTech EDUCATOR CONFERENCE

**Register**

## It's Time! Lottery Grant Reimbursement

If you received a Lottery Grant please email your reimbursement packet to [rose.mangold@careertech.ok.gov](mailto:rose.mangold@careertech.ok.gov). Once received, it will be processed and you will be notified of any further information needed. Reimbursements will not be processed for requests postmarked after **February 1, 2023**.



## STAR Events Guidelines Now Available in your FCCLA Portal

[FCCLA Portal](#) > Resources > Competitive Events > 2022-2023 STAR Events Guidelines. Oklahoma events, which do not advance to the National Leadership Conference, are on [www.oklahomafccla.org](http://www.oklahomafccla.org) > Compete > STAR Events.

# FCS Day at the Capitol

SAVE THE DATE

Mark your calendars and plan now to attend FCS Day at the Capitol, February 15, 2023, in Oklahoma City!

Affiliated members and advisers are invited to meet at the state's capitol to develop leadership skills, learn about advocacy and government relations, and meet with elected officials. Don't miss this amazing opportunity to travel to Oklahoma City and advocate for Family and Consumer Sciences Education and FCCLA, the Ultimate Leadership Experience!

Registration will open: **Monday, Dec 5 - February 1, 2023**

Registration is limited to 100 students

FCS Science Fair- students will present projects to legislators and other capitol guests.

\*Watch for detailed information about FCS Science Fair submissions.

[FCCLA Info](#)

## STAR Events Chart

Wondering which events your students can compete? Take a look at the STAR Events Chart!

This document breaks down which events begin at the district, region, and state level and which levels can compete per event – levels 1, 2, 3, or 4. The chart is located on the Oklahoma FCCLA website – [www.oklahomafccla.org](http://www.oklahomafccla.org) > Compete > STAR Events.

## Work-Based Learning (WBL)

Work-Based Learning (WBL) is a time-tested strategy that provides students with a guided transition from technical education into the workplace of their chosen career. WBL amplifies students' potential success by leveraging real-world applications for the skills they are learning, providing valuable work experience they can put on their resumes, and beginning their professional network by working with others in their career fields.

Employers offering WBL experiences such as internships can gain access to the best and brightest students even before they complete the program. Both the employer and student can "try each other on" for that most critical indicator of success and that is "fit."

Some employers identify concerns about liability and costs associated with short-term employment arrangements, especially when working with young people as a reason they don't engage in WBL. The Express WBL partnership was created as a solution to these concerns. Express Employment Professionals supports students and employers by serving as the "employer of record." Employers can contract with Express to cover all the onboarding and employment costs for CareerTech students. Express will employ youth for WBL beginning at the age of 16. Workman's comp, unemployment insurance, and FICA are all covered by Express.

Express understands the value of WBL for someone beginning a new career. The Oklahoma CareerTech system is grateful for the opportunities this partnership can bring for students and employers alike.

## OSU's Family and Consumer Sciences Education undergraduate program

In our Family and Consumer Sciences Education undergraduate program, students choose whether they focus on teacher certification or Cooperative Extension Service. Both options provide the same coursework until the senior year, when those in teacher certification have a full semester of student teaching while those in Extension have a full internship semester with a county FCS Extension educator. Through both programs students graduate highly-qualified to move directly into the profession!

Today's newsletter focuses on several aspects of how our students learn more about and prepare for Extension careers.

### Additional Info

**Reminder:** FCCLA financial questions should be emailed to the FCCLA Administrative Assistant, Ashli Hall [ashli.hall@careertech.ok.gov](mailto:ashli.hall@careertech.ok.gov) Please remove the email [gail.taylor@careertech.ok.gov](mailto:gail.taylor@careertech.ok.gov).

## Save the Date for the OAFCS Annual Conference

Start now to make plans for the 2023 Oklahoma Association of Family and Consumer Sciences (OAFCS) Annual Conference!

Dates: **January 18 – 20, 2023**

Location: The Artesian Hotel in Sulphur, OK

Details regarding conference sessions, speakers, and tours will be available soon!

## Diversity Symposium

**November 10, 9am-4pm**

Metro Tech Centers - Springlake Campus

Cost: \$50

Lunch will be provided by Ted's Cafe Escondido, included in registration

The OkACTE Diversity Action Committee is excited to invite you to join us to attend the 2022 Diversity Symposium! Take advantage of the chance to get inspired, learn and implement skills acquired through this experience!

This mini conference will bring together industry leaders and influencers to create a one-of-a-kind experience. With an exceptional group of speakers that will be covering topics on diversity, equity and inclusion

This is a Business Casual event, jeans are permitted

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#### Diversity Symposium Session Topics:

Active Shooter Training	Iranian Women's Revolution
Developing An Inclusive Workplace	A Law Enforcement Journey
Gender Identity and Sexual Orientation	Rise in STI's In Oklahoma and Its Affects On Our Communities
Generational Diversity	Safe Zone Training
The Green Book	SHINE: Start Helping Impacted Neighborhoods Everywhere
Health Care Disparities	Small Stories. Big Team
The History of OAMCTE	Two-Spirit Identity: Here and Now
Human Trafficking	Understanding Mental Health: A Multicultural Perspective
IAED Initiative & Mentorship Program	
Internship Program	
<i>*2022 Kaleidoscope Award Winning Program</i>	

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**Registration**

## Ready to pursue your MS in FCSED?

Ready to pursue your MS in FCSED? Looking for a 100% online program? Look no further than Oklahoma State's program! It includes 36 hours of coursework taught by FCSED faculty at OSU and 5 partner institutions, and is designed to help you meet your professional goals. This program does not lead to teacher certification, but rather was designed to enhance your current teaching and FCCLA responsibilities while also preparing you for future administrative or specialist opportunities. Go to <https://osuonline.okstate.edu/programs/graduate/family-and-consumer-sciences-education-master-of-science.html> for more details about the courses, costs, and scholarships. Applications are being taken now for spring and summer 2023 starts!

Need more information? Contact Dr. Paula Tripp at [paula.j.tripp@okstate.edu](mailto:paula.j.tripp@okstate.edu).

## Dates and Deadlines

**October 26:** FCCLA District STAR Events Registration Deadline

**October 31:** CESI

**November 1:** Adviser Academy Code  
**November 30:** Follow-Up Collection  
**December 16:** WBL Video Contest Deadline  
**January 12:** E3 Conference  
**January 18-20:** OAFCS Annual Conference  
**February 1:** Lottery Grant Deadline  
**February 1:** Day at the Capitol Registration Deadline

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