**Professional Development Opportunities:** **May 23-25**

These workshops are for FCS teachers and 412/314 monies may be used to cover the cost of registration, transportation, and hotel expenses if a hotel is needed.

**Culinary** - <https://www.eventbrite.com/e/culinary-may-workshop-ca1034-tickets-536353887917>

**Serger** - <https://www.eventbrite.com/e/serger-workshop-with-b-sew-inn-ca1035-tickets-537704828617>

**Interior Desig**n - <https://www.eventbrite.com/e/interior-design-ideas-for-the-fcs-classroom-ca-1036-tickets-537775820957>

**Hospitality** - <https://www.eventbrite.com/e/fuel-for-the-future-hospitality-excursion-ca-1037-tickets-537812470577>

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| **DATE** | **WORKSHOP** | **LOCATION** | **# of Participants** | **COST** |
| May 23 | **Chef Guided Culinary Sessions**Experience a day of hands-on training in food laboratories. Participants will rotate through four different sessions with culinary instructors at Francis Tuttle. These cooking labs are designed to benefit the 45-50 minute classroom periods. Sessions will include Fun Food Experiments, All About Chocolate, Egg Cookery and more. Lunch at the Francis Tuttle cafeteria is included in the cost of the workshop. | Francis Tuttle/OKC12277 North Rockwell Ave8:30 – 3:00 p.m.*(Lunch included)* | 30 | $35.00 |
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| May 23 | **Serger Workshop with B-Sew Inn**If you need to learn how to use a serger or are looking for projects to make in the classroom to engage the use of the serger more in-depth, this workshop is designed for you. The day will be devoted to serger practices and projects. Machines and kits will be provided. | B-Sew Inn6926 Northwest Expressway/OKC10:00 – 3:00 p.m.*(Lunch on your own)* | 20 | $25.00 |
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| May 24 | **Interior Design Ideas for the FCS Classroom**Do you have virtual reality goggles or a 3D printer sitting in your classroom that has not been used? Or have you been wanting to incorporate new tools into your classroom? The OSU Interior Design staff will share tools that architects, engineers and interior designers use to design buildings. Participants will learn how to use Sketchup, a simple and free 3D modeling software to design a project using colors and different materials. STEM concepts and Virtual Reality will be used to simulate the designed space. Then a 3D printer will be used to print the model in 3D. | OSU 465 Nancy Randolph Davis8:30 – 3:30 p.m.*(Lunch on your own)* | 20 | $25.00 |
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| May 25 | **Fuel for the Future & Hospitality Excursion**In the morning session, Katrina Lewis, Senior WIC manager, from the Chickasaw Nation Nutrition Services team will be sharing FREE resources, videos, recipes and food demo ideas to promote good nutrition and healthy eating. Fuel for the Future will also include resources from the Women Infants and Children Program focusing on child development, nutrition during pregnancy and child feeding. Katrina is a former Family and Consumer Sciences classroom teacher of almost ten years and is thrilled to share ideas and resources to incorporate into your FCS curriculum.  Following the nutrition session, we will travel to Godofredo's for lunch, where we will hear how Jeff Beasley, owner, is transforming downtown Cushing. We will also hear the hospitality journey of the General Manager, Brandon Wolff; then tour the facilities which also includes a renovated theatre before going to a neighboring business, Copper Penney. At the Copper Penney, they will also share their entrepreneurial story and we will enjoy dessert at this location. Then you will be free to roam, look and shop at this beautiful antique store, boutique and restaurant. | Cushing HSFCS Room1700 E Walnut StCushing8:30 – 3:30*(Lunch included)* | 30 | $35.00 |
| If you have questions, please contact Mary Jane Grayson @ 405.743.5469 or maryjane.grayson@careertech.ok.gov |  |