**Eight subject areas must be covered within the 120 required hours. Below is a sample of a breakdown of recommended hours per the CDA Handbook, page 99.**

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|  | **Training Hours in each CDA Subject Area** | **Clock Hours** |
| Unit 1 | Safe and Healthy Learning Environment | 22 |
| Unit 2 | Physical and Intellectual Competence | 12 |
| Unit 3 | Social and Emotional Development and Positive Guidance | 10 |
| Unit 4 | Relationships with Families | 10 |
| Unit 5 | Program Management | 16 |
| Unit 6 | Professionalism | 20 |
| Unit 7 | Child Development | 10 |
| Unit 8 | Observation of Children and Recordkeeping | 20 |