

# Evaluation and Reflection

## **Evaluation**

Involves collecting and analyzing information about what happened and the project's concrete results.

#### **Evaluation Questions**

- What happened?
- How many people benefitted from the project? In what ways did they benefit?
- What progress was made toward the project's goal?
- How did you use your Family and Consumer Sciences skills and knowledge?
- How does the situation now compare to the situation before the project started? What evidence or measurement shows the differences?
- Can the value of this project be estimated in terms of dollars? If so, what would be the dollar value? If not, what are other ways to express the value?
- How did participants react to the project?
- What were the reactions of people who benefitted from the project?
- How did others react to the project?
- How many people learned more about FCCLA and Family and Consumer Sciences because of the project? Who were they?

### Reflection

Involves thinking about how things happened and what leaders and participants learned. Both are important for FCCLA projects.

#### **Reflection Questions**

- What are some adjectives that describe your experience?
- What were your feelings?
- What was most rewarding?
- What was most difficult?
- How will the information and skills you've learned help you?
- How was the experience different from what you expected?
- Why was it important to work on this project?
- What issues did this experience make you think about? What are the challenges that face us in these issues?
- How has this project changed your attitudes about these issues?
- What will you notice now that you didn't notice before?
- What can we do individually and as a group to have more impact in this area?
- What is one thing you can do next week that will make a difference?

Source: Reflection questions from "Structuring Reflection," 4-H Community Service Learning (Frankfort, Ky.: Cooperative Extension Service, Kentucky State University and University of Kentucky College of Agriculture).