



Goal Setting Process

Name: _____ Date: _____ Period: _____

What is the goal? Remember to be clear, specific, and realistic.

When do you need to have your goal accomplished?

What resources will you need to accomplish your goal?

What do you need?

Who or what can provide them?

What are some possible obstacles you might face and how might you overcome them?

Obstacle

Strategies to address

What will you use to determine your level of success?