

A job shadow is a great opportunity to learn about the world of work. You may be wondering what you will discover. Without a doubt, you will be exposed to a wide variety of experiences and information; some information may be more valuable to you than other information.

Take action!

Holding a job requires a lot of independent thought and decision-making. Below is a checklist of what you can expect to learn on your job shadow. Read through the list and check off what interests you and the goals for the day that are most important to you. Your interests do not have to be prioritized. Additional space is provided if you would like to learn something that is not listed.

What I can expect on job shadow day?

- To see how the knowledge I am gaining in school is used on the job.
- To see what people do all day on the job.
- To understand what skills I need to get a good job.
- To learn what employees receive besides a paycheck.
- To find out more about the workplace I am visiting.
- To see how technology is used on the job.
- To explore some new career ideas for myself.
- To learn how much education I will need to get the job that I want.
- To understand how learning and earning are connected.

What are my personal goals?