



TOOLS

Student Pre-Internship Worksheet

1. What technical or workplace skills would you like to acquire or improve during this internship?
2. In what ways can your experience in the workplace help you improve your academic skills?
3. Is there a concept you are learning in class that could be reinforced at the worksite? What is it?
4. What career areas would you like to learn more about during this internship? How do these areas of interest relate to your long-term career goals?
5. What interpersonal skills would you like to improve or learn more about during this internship?
6. What skills or traits do you see as weaknesses that you would like to work on, and what are your plans for improving these areas?