

# Exploring Life and Career *Goodheart-Willcox, Copyright 2023\**

Correlates with Tween Life Course

	<b>Recommended Weeks</b>
<b>FCCLA INTRODUCTION</b>	3 Weeks
<b>Unit 1 – You and Others</b>	
Chapter 1: Learning about You	2 Weeks
Chapter 2: Making Decisions	1 Week
Chapter 3: Caring for Children	3 Weeks
<b>Unit 2 – You – A Manager</b>	
Chapter 4: Managing Daily Living	2 Weeks
Chapter 5: Managing Your Money	1 Week
Chapter 6: Managing Your Living Space	3 Weeks
Chapter 7: Managing Your Environment	2 Weeks**
<b>TESTING</b>	1 Week
<b>Unit 3 – You and Food</b>	
Chapter 8: The Foods You Eat	2 Weeks
Chapter 9: Planning Meals	2 Weeks
Chapter 10: You in the Kitchen	4 Weeks
<b>Unit 4 – You and Your Clothes</b>	
Chapter 11: Buying and Caring for Clothes	2 Weeks
Chapter 12: Learning to Sew	4 Weeks
<b>Unit 5 – The World of Work</b>	
Chapter 13: Learning About Work	2 Weeks
Chapter 14: Preparing for Work	1 Week
<b>TESTING</b>	1 Week

\* *The BBR Curriculum would correlate in various areas throughout this course.*

\*\**Repurpose and Redesign STAR Event would correlate well with this chapter.*