

# Facilitation Guide

## NOTES

### Shuffle

In order to build teams, we have to share information about ourselves, listen to information others share and internally connect with others to form a sense of belonging and ultimately a sense of team. Through this activity, participants will share information about themselves and will be challenged to learn new things about their teammates and ways they can connect with them.

### Instructions

Each person should get a playing card. Tell the participants that you are going to play some music and when the music stops, you are going to call out a number. They should get into a group with that number of people and look at their cards. Based on the suit and the number shown on their cards, they should share the appropriate information with the subject that matches the card.

Hearts – share something you like/love

Spades – share something you don't like/biggest pet peeves

Clubs – share a sports/hobbies/activities you are involved in

Diamonds – share a random fact about yourself

Example: I have the 5 of Hearts. I would tell five things I like: going to the movies, my puppy, my family, reading and being with my friends.

After a few moments, instruct participants that you will yell another number and the word "SHUFFLE!" They should switch cards with the anyone in the room and begin to mingle around again. When the music stops, participants should find a new group and repeat the process. Play several rounds.

### supplies:

A deck of playing cards with the cards 7-10 and Jokers removed. Face cards remain in the deck and their point value is:

★ Aces - 1

★ Jacks - 2

★ Queens - 3

★ Kings - 4