# FCCLA Planning Process

## Objective:

Students will be able to identify the elements of SMART goal setting and utilize the FCCLA Planning Process to create a project plan for their class or FCCLA Chapter.

**Teacher Prior Knowledge** – FCCLA is the ONLY Career Technical Student Organization (CTSO) with a trademarked Planning Process. The Planning Process is a decision-making model for setting goals, planning, and carrying out projects. It is used to make decisions and accomplish tasks both for groups and individuals. Remember ISFAF –

Identity A Concern

Set a Goal

Form a Plan

Act

Follow Up

## Assessment:

Students will complete a first five-minute assignment where they will list the elements of SMART goal setting (Specific, Measurable, Attainable, Relevant, Timely) and describe how they can apply these elements to their upcoming project using the FCCLA Planning Process.

## Key Points:

* **SMART Goals**: Understanding the acronym and what each element signifies (Specific, Measurable, Attainable, Relevant, Timely).
* **FCCLA Planning Process**: Familiarizing with the steps: Identify Concerns, Set a Goal, Form a Plan, Act, and Follow Up.
* **Project Planning**: Learning how to brainstorm, evaluate concerns, and develop a clear project plan.
* **Collaboration**: Working together with peers to create a project that benefits the chapter or community.

## Opening:

* First Five/Bell Ringer: "What are the components of a SMART goal?"

## Introduction to New Material:

* Lead the “Electric Shock” activity (see Activity – Electric Shock PDF)
* Have students complete the 50 great goals sheet. Remind them the sky is the limit!
* Following the 50 Great Goals, present the Planning Process PowerPoint.
  + Remind them that a goal is a wish without action!
* After the Planning Process PowerPoint, lead the Planning Process Mash Up activity

## Guided Practice:

Lead students in the FCCLA Planning Process Mash Up activity

## Independent Practice:

* Students will choose a project idea (e.g., community service activity, FCCLA Meeting, FCCLA Membership Activity, FCCLA Halloween event, etc.) and use the FCCLA Planning Process to create a detailed plan.
  + They will write down their identified concern, SMART goal, and outline the plan using the steps: Who, What, Where, When, Why, and How.
* Expect students to present their plans in small groups for peer feedback.

## Closing:

* Conduct a quick review by asking students to share one element of SMART goals and one step of the FCCLA Planning Process.
* Summarize the importance of setting effective goals and planning in achieving successful projects.

## Extension Activity:

* Students who finish early can create a visual poster or infographic outlining the SMART goal process or the FCCLA Planning Process to display in the classroom.

## Standards Addressed:

* FCS National Standard 1.5: Demonstrate the importance of planning for personal and professional goals.
* FCS National Standard 4.1: Analyze the impact of family and community on individual and family development.