

OKLAHOMA CareerTech

FCS

Family and Consumer Sciences FCCLA - Family, Career and Community Leaders of America

Contact Us August 15, 2024

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Lasagna Love

Lasagna Love

Lasagna Love is a global nonprofit whose mission is simple: feed families, spread kindness, and strengthen communities. Have your chapter sign up to provide lasagna for families in need near you! You can decide how many lasagnas you want to donate, how far you're willing to drive to take the lasagnas, and much more. This is a GREAT way to incorporate FCCLA into your classroom by having the class cost out the recipe (Financial Fitness National Program) work together to make the



lasagna (Student Body National Program - making healthy recipe choices), and utilize their FCS culinary skills.



Lead Conference Registration

Lead Conference is THE event for FCCLA Chapter Leaders! Lead Conference is a one-day training for chapter officers to prepare them to lead their local chapters. Chapters attend the Lead Conference assigned to their region. When registering, chapter leaders will be assigned to leadership tracks in order to gain specific training for their office. Cost is \$15 per officer, free for advisers. **Deadline to register is August 31, 2024**

North Region Lead Conference - **September 11**, Enid, OK South Region Lead Conference - **September 12**, Duncan, OK Northeast Region Lead Conference - **September 17**, Glenpool, OK Southeast Region Lead Conference - **September 18**, McAlester, OK

Lead Conference

Meat Cooking Competition

FCCLA Meat Cooking Competition at the State Fair of Oklahoma

FCCLA chefs are being challenged to cook and present their best dish at the Meat Cooking Competition at the **Oklahoma City State Fair September 20-21**, **2024**. Participants will need to create a dinner entree that has cube steak as the protein. Competitors and their adviser will each receive free admission to the fair. Recipe submissions to be chosen to cook are due August 30, 2024.

OATFCS



Winter Conference & Legislative Needs

FCCLA in the FCS Classroom:

Medford FCCLA recently held a local officer chapter training. They first listened to the Podcast "The Second of Strength Podcast - 5 Ingredients for Personal Growth - Episode 63". The 5 Ingredients include:

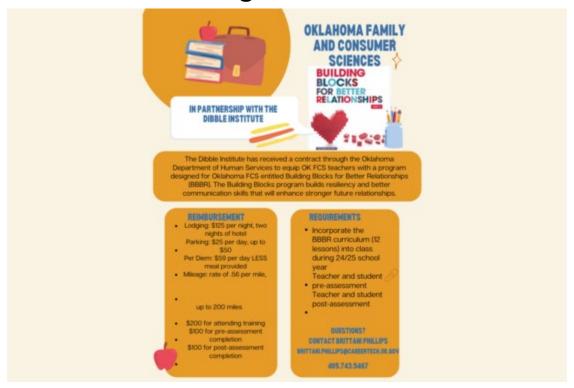
- 1. Plant a seed DREAMS
- 2. Give it fertile soil—people & places
- 3. Give it space to grow-outside our comfort zone
- 4. Give it light-energy
- 5. Give it water- personal physical & mental care

Then, FCCLA officers each planted a succulent and wrote a reminder, on a plant marker, of the area (seed) of their leadership they wanted to grow. Officers also made gifts for the faculty of Starburst, Hershey kisses, gold fish, and chocolate chip minis. This is a great way to incorporate FCCLA into your classroom through leadership development and community outreach. Thank you, Julie Halcomb, Medford FCCLA adviser, for sharing!





Building Blocks for Better Relationships Curriculum Training



Building Blocks for Better Relationships Curriculum Training

If you are teaching FCS Basics, Human Growth and Development, Interpersonal Studies, Counseling and Mental Health and you'd like to receive FREE curriculum AND a stipend for attending a fantastic, hands-on training, apply today for the Building Blocks for Better Relationships Curriculum Training! The training is being held **Monday, September 23** at ODCTE, 7:30 a.m. - 4:00 p.m.

Deadline to apply is Friday, August 16th.

Attendees receive:
Teacher Edition
Student workbooks
Hotel compensation
Per Diem
Mileage (personal vehicles only)
\$200 for attending the training
\$100 for completing teacher/student pre-assessment
\$100 for completing teacher/student post-assessment

Link to Apply

RIVERSPORT Day is **September 21**, **2024!** Join FCCLA members from across the state for a day of fun at OKC RIVERSPORT! From white water rafting to surfing and more, chapters can let loose and have fun in this state of the art water and recreational space. RIVERSPORT day is a great way to bond as a chapter and enjoy seeing downtown Oklahoma City.

It is truly just a fun day for them to come and play! Link to register:

https://oklahomafccla.org/riversport-day

Cost is \$35 per person. Deadline to register is September 12, 2024.

Register Here

ChefWorks FCCLA Culinary Arts Uniforms

Outfit your culinary arts students in style with ChefWorks! Coats, pants, hats, and aprons can all be branded with the FCCLA Logo. 412 funding can be used to purchase these items. View the flyer to see all options available. Click on button below to view and get additional information. You may need to login to ctYou to view.

ChefWorks

FCCLA Unit in CTYOU

Visit www.ctyou.org and choose FCS - FCCLA - FCCLA Unit and enroll in this course to access the updated unit. The enrollment code is OKfccla2024! (the ! is included). Please do not share this with other educators outside of Oklahoma as we are working to sell the digital copies to provide funding for Oklahoma FCCLA chapters. If you have feedback or other ideas to share to enhance this unit, please let us know!

Dates and Deadlines

August 16 - Deadline to apply for BBBR Training

September 11 - North Region Lead Conference - Enid, OK

September 12 - South Region Lead Conference - Duncan, OK

September 17 - Northeast Region Lead Conference - Glenpool, OK

September 18 - Southeast Region Lead Conference - McAlester, OK

September 20-21 - FCCLA Meat Cooking Competition - Oklahoma City State Fair

September 21 - RIVERSPORT Day



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