



OKLAHOMA CareerTech

FCS Family and Consumer Sciences
FCCLA - Family, Career and Community Leaders of America

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August 20, 2024

New Teacher Academy Follow-Up

A promotional poster for the FCS New Teacher Academy: Follow Up event. The background is a light blue grid pattern with decorative elements: a string of grey bunting flags at the top left, two crayons (orange and blue) near the top center, and four paper clips (yellow, green, blue, and orange) at the top right. The main title "FCS New Teacher Academy: Follow Up" is in a large, bold, blue font. Below it, the date "24 SEPT 2024" is displayed in white text on a blue ribbon banner. Underneath the banner, the text "REGISTER NOW" is in a smaller, blue, sans-serif font. The Oklahoma CareerTech logo, a colorful starburst, is positioned to the left of the text "OKLAHOMA CareerTech". Below the logo, the text "FCS Family and Consumer Sciences" is written in a smaller font. To the left of the logo, there is a stack of three books with titles "GODFATHER", "Into the woods", and "The Hobbit". To the right of the logo, there are two more crayons (blue and orange). The entire poster is framed by a thick orange border.

**FCS New Teacher
Academy: Follow Up**

24 SEPT 2024

REGISTER NOW

 **OKLAHOMA
CareerTech**

FCS Family and Consumer Sciences



[Register Here](#)

Lead Conference Registration

Lead Conference is THE event for FCCLA Chapter Leaders! Lead Conference is a one-day training for chapter officers to prepare them to lead their local chapters. Chapters attend the Lead Conference assigned to their region. When registering, chapter leaders will be assigned to leadership tracks in order to gain specific training for their office. Cost is \$15 per officer, free for advisers. **Deadline to register is August 31, 2024**

North Region Lead Conference - **September 11**, Enid, OK
South Region Lead Conference - **September 12**, Duncan, OK
Northeast Region Lead Conference - **September 17**, Glenpool, OK
Southeast Region Lead Conference - **September 18**, McAlester, OK

Lead Conference

Meat Cooking Competition

FCCLA Meat Cooking Competition at the State Fair of Oklahoma

FCCLA chefs are being challenged to cook and present their best dish at the Meat Cooking Competition at the **Oklahoma City State Fair September 20-21, 2024**. Participants will need to create a dinner entree that has cube steak as the protein. Competitors and their adviser will each receive free admission to the fair. Recipe submissions to be chosen to cook are due August 30, 2024.

ChefWorks FCCLA Culinary Arts Uniforms

Outfit your culinary arts students in style with ChefWorks! Coats, pants, hats, and aprons can all be branded with the FCCLA Logo. 412 funding can be used to purchase these items. View the flyer to see all options available. Click on button below to view and get additional information. You may need to login to ctYou to view.

ChefWorks

RIVERSPORT

RIVERSPORT Day is **September 21, 2024!** Join FCCLA members from across the state for a day of fun at OKC RIVERSPORT! From white water rafting to surfing and more, chapters can let loose and have fun in this state of the art water and recreational space. RIVERSPORT day is a great way to bond as a chapter and enjoy seeing downtown Oklahoma City.

It is truly just a fun day for them to come and play! Link to

register: <https://oklahomafccla.org/riversport-day>

Cost is \$35 per person. Deadline to register is **September 12, 2024**.

Register Here

OATFCS

OATFCS

WINTER CONFERENCE & LEGISLATIVE NEEDS

USE THIS QR CODE OR LINK TO GIVE SUGGESTIONS ABOUT OUR
WINTER CONFERENCE & TO LET US KNOW HOW WE CAN
ADVOCATE FOR CHANGE IN FCS PROGRAMS ACROSS THE STATE.



[https://forms.gle/hu5
KwoAGbDRdudp18](https://forms.gle/hu5KwoAGbDRdudp18)

MEMBER MINUTE

USE THIS QR CODE OR LINK TO NOMINATE A
FRIEND FOR OUR MEMBER MINUTE.



[https://forms.gle/WE
u1v6VRDpFLoz9A6](https://forms.gle/WEu1v6VRDpFLoz9A6)

THANK YOU!!

Winter Conference & Legislative Needs

Member Minute

FCCLA in the FCS Classroom:

Medford FCCLA recently held a local officer chapter training. They first listened to the Podcast "The Second of Strength Podcast - 5 Ingredients for Personal Growth - Episode 63". The 5 Ingredients include:

1. Plant a seed - DREAMS
2. Give it fertile soil—people & places
3. Give it space to grow—outside our comfort zone
4. Give it light—energy
5. Give it water- personal physical & mental care

Then, FCCLA officers each planted a succulent and wrote a reminder, on a plant marker, of the area (seed) of their leadership they wanted to grow. Officers also made gifts for the faculty of Starburst, Hershey kisses, gold fish, and chocolate chip minis. This is a great way to incorporate FCCLA into your classroom through leadership development and community outreach. Thank you, Julie Halcomb, Medford FCCLA adviser, for sharing!



Building Blocks for Better Relationships Curriculum Training

OKLAHOMA FAMILY AND CONSUMER SCIENCES
BUILDING BLOCKS FOR BETTER RELATIONSHIPS

IN PARTNERSHIP WITH THE DIBBLE INSTITUTE

The Dibble Institute has received a contract through the Oklahoma Department of Human Services to equip OK FCS teachers with a program designed for Oklahoma FCS entitled Building Blocks for Better Relationships (BBBR). The Building Blocks program builds resiliency and better communication skills that will enhance stronger future relationships.

REIMBURSEMENT

- Lodging: \$125 per night, two nights of hotel
- Parking: \$25 per day, up to \$50
- Per Diem: \$59 per day LESS meal provided
- Mileage: rate of .56 per mile, up to 200 miles
- \$200 for attending training
- \$100 for pre-assessment completion
- \$100 for post-assessment completion

REQUIREMENTS

- Incorporate the BBBR curriculum (12 lessons) into class during 24/25 school year
- Teacher and student pre-assessment
- Teacher and student post-assessment

QUESTIONS?
CONTACT BRITTAN PHILLIPS
BRITTAN.PHILLIPS@CAREERTECH.OL.GOV
405.743.5467

Building Blocks for Better Relationships Curriculum Training

If you are teaching FCS Basics, Human Growth and Development, Interpersonal Studies, Counseling and Mental Health and you'd like to receive FREE curriculum AND a stipend for attending a fantastic, hands-on training, apply today for the Building Blocks for Better Relationships Curriculum Training! The training is being held **Monday, September 23** at ODCTE, 7:30 a.m. - 4:00 p.m.

Deadline to apply is Friday, August 16th.

Attendees receive:

Teacher Edition

Student workbooks

Hotel compensation

Per Diem

Mileage (personal vehicles only)

\$200 for attending the training

\$100 for completing teacher/student pre-assessment

\$100 for completing teacher/student post-assessment

[Link to Apply](#)

FCCLA Unit in CTYOU

Visit www.ctyou.org and choose FCS - FCCLA - FCCLA Unit and enroll in this course to access the updated unit. The enrollment code is OKfccla2024! (the ! is included). Please do not share this with other educators outside of Oklahoma as we are working to sell the digital copies to provide funding for Oklahoma FCCLA chapters. If you have feedback or other ideas to share to enhance this unit, please let us know!

STAR Event Bootcamp

Equip yourself with the tools and strategies to guide your students to STAR event excellence. Join us for a dedicated Bootcamp on September 25th, 2024 from 8:30 AM to 3:30 PM at the Oklahoma Department of CareerTech. This exclusive event is ONLY for advisers and is packed with insights and best practices to help your students bring home some medals! This event is free, however you will be on your own for lunch. Don't miss this opportunity to elevate your students' competitive edge!

[Sign Up Here](#)

CESI Report Due October 31!

This document includes a flowchart outlining the necessary data teachers must collect prior to finishing the Salary & Teaching schedule and CESI report. Please click below and save this document.

[CESI Report](#)

Lasagna Love

Lasagna Love

Lasagna Love is a global nonprofit whose mission is simple: feed families, spread kindness, and strengthen communities. Have your chapter sign up to provide lasagna for families in need near you! You can decide how many lasagnas you want to donate, how far you're willing to drive to take the lasagnas, and much more. This is a GREAT way to incorporate FCCLA into your classroom by having the class cost out the recipe (Financial Fitness National Program) work together to make the lasagna (Student Body National Program - making healthy recipe choices), and utilize their FCS culinary skills.



LASAGNA LOVE

WANT TO HELP A NEIGHBOR IN YOUR COMMUNITY? WE'VE MADE IT EASY!



1

To volunteer, scan the QR code or sign up: lasagnalove.org



2

Get matched with families that live near you



3

Cook a lasagna (or two, or three!)



4

Make a contactless dropoff to your family



5

Celebrate that you helped your community!

Feed families, spread kindness, strengthen communities.

@wearelasagnalove @wearelasagnalove www.lasagnalove.org

Dates and Deadlines

August 16 - Deadline to apply for BBR Training

September 11 - North Region Lead Conference - Enid, OK

September 12 - South Region Lead Conference - Duncan, OK

September 17 - Northeast Region Lead Conference - Glenpool, OK

September 18 - Southeast Region Lead Conference - McAlester, OK

September 20-21 - FCCLA Meat Cooking Competition - Oklahoma City State Fair

September 21 - RIVERSPORT Day



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