



OKLAHOMA CareerTech

FCS Family and Consumer Sciences
FCCLA - Family, Career and Community Leaders of America

Contact Us

August 27, 2024

- [Welcome Back!](#)
- [New Teacher Academy Follow-Up](#)
- [Lead Conference Registration](#)
- [FCCLA Meat Cooking Competition at the State Fair of Oklahoma](#)
- [ChefWorks FCCLA Culinary Arts Uniforms](#)
- [RIVERSPORT](#)
- [OATFCS](#)
- [FCCLA in the Classroom - Emblem Cookies](#)
- [Building Blocks for Better Relationships Curriculum Training](#)
- [FCCLA Unit in CTYOU](#)
- [STAR Event Bootcamp](#)
- [Beef Grant - Scan QR Code](#)
- [CESI Report Due October 31!](#)
- [Dates and Deadlines](#)

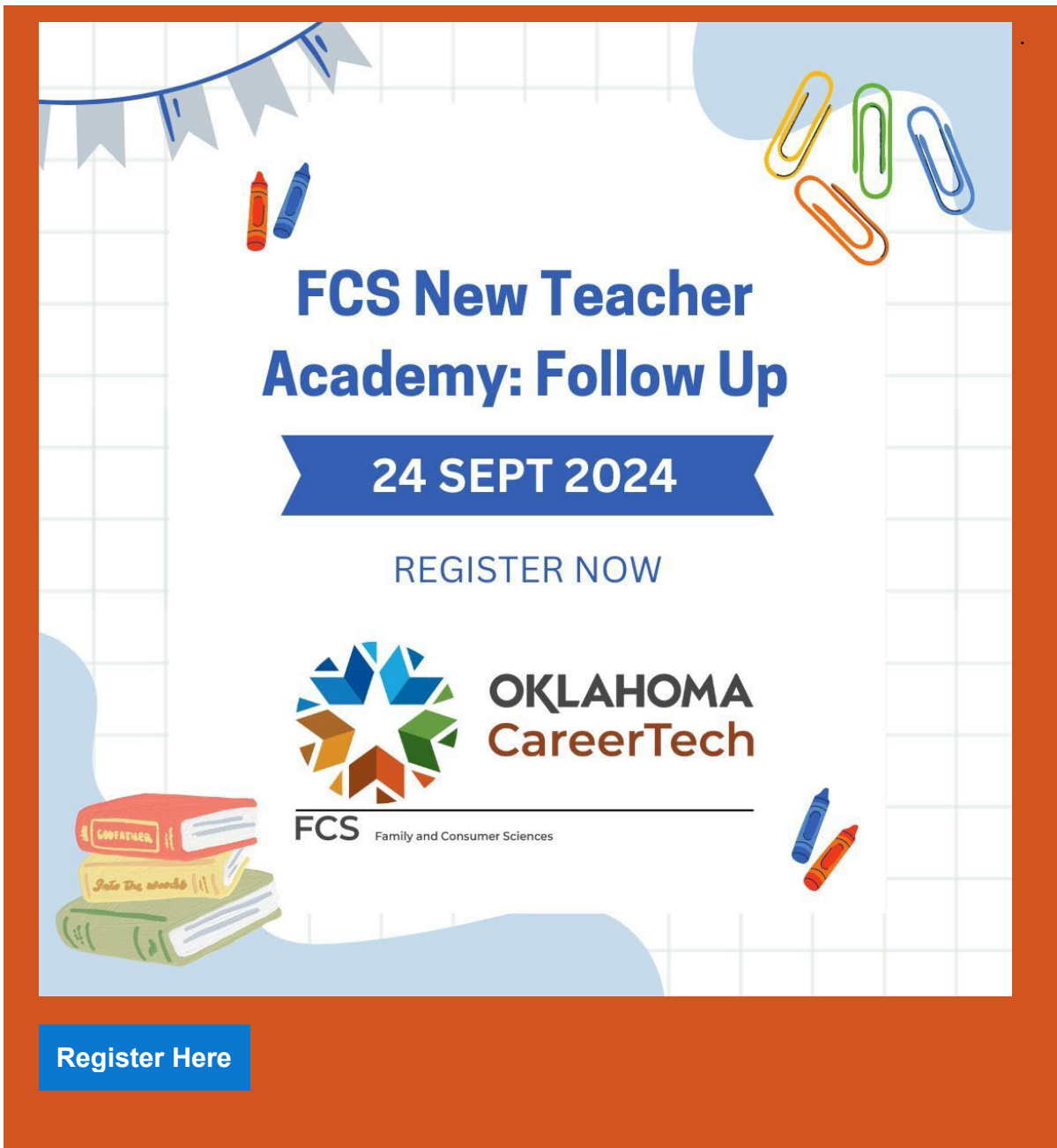
Welcome Back!

We hope you all had a great summer and are ready to jump into the new school year! Everyone in the FCS office wishes you a great year, and we look forward to supporting you along the way. If you have questions or concerns, please feel free to contact our office anytime!

Contact Us

<p>Holly Hanan FCS State Program Manager Holly.Hanan@careertech.ok.gov 405-743-5465</p>	<p>Brittani Phillips FCCLA State Advisor Brittani.Phillips@careertech.ok.gov 405-743-5467</p>
<p>Teena Friend North Program Specialist Teena.Friend@careertech.ok.gov 405-743-5468</p>	<p>Jessi Beebe Northeast Program Specialist Jessi.Beebe@careertech.ok.gov 405-743-5463</p>
<p>Jessica Maker South Program Specialist Jessica.Maker@careertech.ok.gov 405-743-5464</p>	<p>Christina Spurgin Southeast Program Specialist Christina.Spurgin@careertech.ok.gov 405-743-5466</p>
<p>Rose Mangold FCS Administrative Assistant Rose.Mangold@careertech.ok.gov 405-743-5470</p>	<p>Ashli Hall FCS Admin Asst and FCCLA Bookkeeper Ashli.Hall@careertech.ok.gov 405-743-5472</p>


New Teacher Academy Follow-Up

A promotional poster for the FCS New Teacher Academy: Follow Up event. The poster features a white grid background with various school-related icons: a string of blue and white bunting flags at the top left, two crayons (orange and blue) below them, and three paper clips (yellow, green, and blue) at the top right. In the center, the text reads "FCS New Teacher Academy: Follow Up" in large blue font, followed by "24 SEPT 2024" in white text on a blue banner, and "REGISTER NOW" in blue text below. The Oklahoma CareerTech logo, a colorful starburst, is positioned to the left of the text "OKLAHOMA CareerTech". Below this, the "FCS Family and Consumer Sciences" logo is displayed. To the left of the logo is a stack of three books with titles "GODFATHER", "Into the woods", and a green book. To the right is another pair of crayons (blue and orange). At the bottom left, there is a blue button with the text "Register Here". The entire poster is framed by a thick orange border.

**FCS New Teacher
Academy: Follow Up**

24 SEPT 2024

REGISTER NOW

 **OKLAHOMA
CareerTech**

FCS Family and Consumer Sciences

[Register Here](#)

Lead Conference Registration

Lead Conference is THE event for FCCLA Chapter Leaders! Lead Conference is a one-day training for chapter officers to prepare them to lead their local chapters. Chapters attend the Lead Conference assigned to their region. When registering, chapter leaders will be assigned to leadership tracks in order to gain specific training for their office. Cost is \$15 per officer, free for advisers. **Deadline to register is August 31, 2024**

North Region Lead Conference - **September 11**, Enid, OK
South Region Lead Conference - **September 12**, Duncan, OK
Northeast Region Lead Conference - **September 17**, Glenpool, OK
Southeast Region Lead Conference - **September 18**, McAlester, OK

Lead Conference

Meat Cooking Competition

FCCLA Meat Cooking Competition at the State Fair of Oklahoma

FCCLA chefs are being challenged to cook and present their best dish at the Meat Cooking Competition at the **Oklahoma City State Fair September 20-21, 2024**. Participants will need to create a dinner entree that has cube steak as the protein. Competitors and their adviser will each receive free admission to the fair. Recipe submissions to be chosen to cook are **due August 30, 2024**.

Register Here

ChefWorks FCCLA Culinary Arts Uniforms

Outfit your culinary arts students in style with ChefWorks! Coats, pants, hats, and aprons can all be branded with the FCCLA Logo. 412 funding can be used to purchase these items. View the flyer to see all options available. Click on button below to view and get additional information. You may need to login to ctYou to view.

ChefWorks

RIVERSPORT

RIVERSPORT Day is **September 21, 2024!** Join FCCLA members from across the state for a day of fun at OKC RIVERSPORT! From white water rafting to surfing and more, chapters can let loose and have fun in this state of the art water and recreational space. RIVERSPORT day is a great way to bond as a chapter and enjoy seeing downtown Oklahoma City.

It is truly just a fun day for them to come and play! Link to register:

<https://oklahomafccla.org/riversport-day>

Cost is \$35 per person. Deadline to register is **September 12, 2024**.

Register Here

OATFCS

OATFCS

WINTER CONFERENCE & LEGISLATIVE NEEDS

USE THIS QR CODE OR LINK TO GIVE SUGGESTIONS ABOUT OUR WINTER CONFERENCE & TO LET US KNOW HOW WE CAN ADVOCATE FOR CHANGE IN FCS PROGRAMS ACROSS THE STATE.



<https://forms.gle/hu5KwoAGbDRdudp18>

MEMBER MINUTE

USE THIS QR CODE OR LINK TO NOMINATE A FRIEND FOR OUR MEMBER MINUTE.



<https://forms.gle/WEu1v6VRDpFLoz9A6>

THANK YOU!!

Winter Conference & Legislative Needs

Member Minute

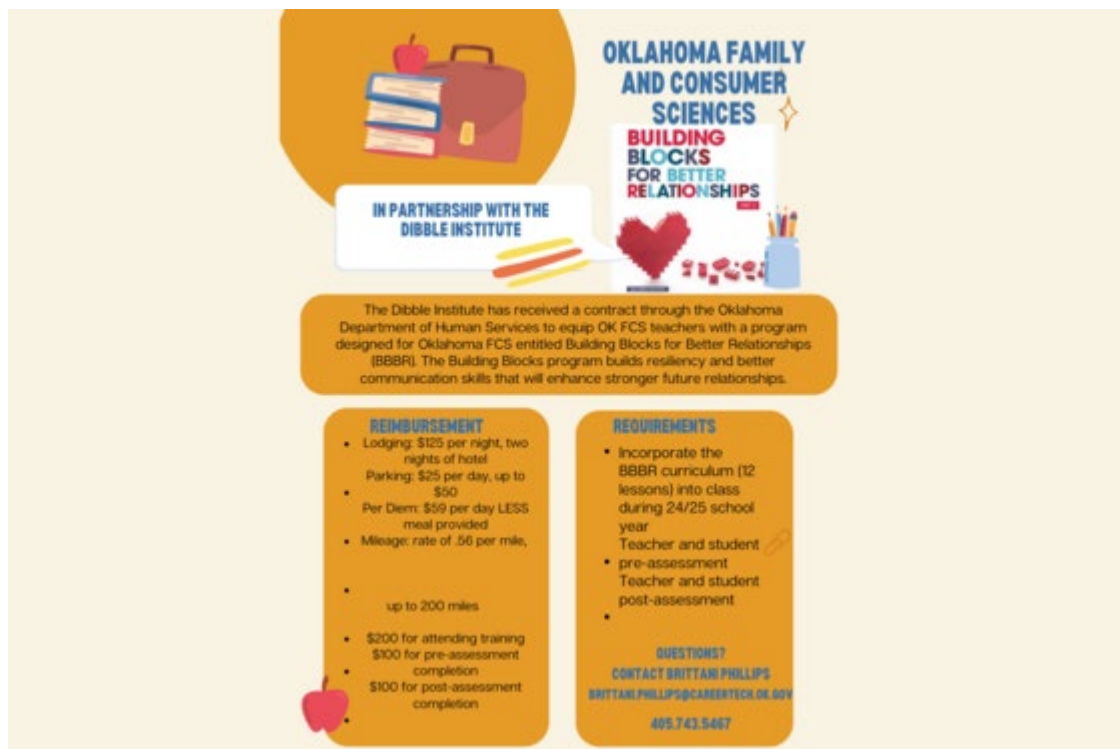
FCCLA in the Classroom - Emblem Cookies

Tired of being asked, "When do we get to eat"?! Consider teaching the FCCLA emblem with sugar cookies! All you need is one sugar cookie per student, icing, and decorating supplies such as Twizzlers, sprinkles, M&Ms, chocolate chips, etc. The students should decorate a cookie to look like the FCCLA emblem and then the class can practice the emblem ceremony. The various parts of the emblem are explained through the ceremony found at the link below.



[Link](#)

Building Blocks for Better Relationships Curriculum Training



OKLAHOMA FAMILY AND CONSUMER SCIENCES
BUILDING BLOCKS FOR BETTER RELATIONSHIPS

IN PARTNERSHIP WITH THE DIBBLE INSTITUTE

The Dibble Institute has received a contract through the Oklahoma Department of Human Services to equip OK FCS teachers with a program designed for Oklahoma FCS entitled Building Blocks for Better Relationships (BBBR). The Building Blocks program builds resiliency and better communication skills that will enhance stronger future relationships.

REIMBURSEMENT

- Lodging: \$125 per night, two nights of hotel
- Parking: \$25 per day, up to \$50
- Per Diem: \$59 per day LESS meal provided
- Mileage: rate of .56 per mile, up to 200 miles
- \$200 for attending training
- \$100 for pre-assessment completion
- \$100 for post-assessment completion

REQUIREMENTS

- Incorporate the BBBR curriculum (12 lessons) into class during 24/25 school year
- Teacher and student pre-assessment
- Teacher and student post-assessment

QUESTIONS?
CONTACT BRITTAN PHILLIPS
BRITTAN.PHILLIPS@CAREERTECH.OL.GOV
405.743.5467

Building Blocks for Better Relationships Curriculum Training

If you are teaching FCS Basics, Human Growth and Development, Interpersonal Studies, Counseling and Mental Health and you'd like to receive FREE curriculum AND a stipend for attending a fantastic, hands-on training, apply today for the Building Blocks for Better Relationships Curriculum Training! The training is being held **Monday, September 23** at ODCTE, 7:30 a.m. - 4:00 p.m.

Deadline to apply is Friday, August 16th.

Attendees receive:
Teacher Edition

Student workbooks
Hotel compensation
Per Diem
Mileage (personal vehicles only)
\$200 for attending the training
\$100 for completing teacher/student pre-assessment
\$100 for completing teacher/student post-assessment

[Link to Apply](#)

FCCLA Unit in CTYOU

Visit www.ctyou.org and choose FCS - FCCLA - FCCLA Unit and enroll in this course to access the updated unit. The enrollment code is OKfccla2024! (the ! is included). Please do not share this with other educators outside of Oklahoma as we are working to sell the digital copies to provide funding for Oklahoma FCCLA chapters. If you have feedback or other ideas to share to enhance this unit, please let us know!

STAR Event Bootcamp

Equip yourself with the tools and strategies to guide your students to STAR event excellence. Join us for a dedicated Bootcamp on **September 25th, 2024 from 8:30 AM to 3:30 PM** at the Oklahoma Department of CareerTech. This exclusive event is ONLY for advisers and is packed with insights and best practices to help your students bring home some medals! This event is free, however you will be on your own for lunch. Don't miss this opportunity to elevate your students' competitive edge!

[Sign Up Here](#)

Beef Grant - Scan QR Code

Teachers need to scan the QR code and fill out the application.

- Grants are available to junior and senior high school Family & Consumer Science Classes for the purpose of educating students about beef. The beef purchased will be used in a recipe of the teacher's choice and prepared by the students in said cooking class.
- Grants of *up to* \$250 must be used for the purchase of BEEF. Please note, the OBC will determine the grant amounts for each school.
- These lessons may include fresh, frozen, or heat-and-serve beef products.
- Once the application is received and reviewed, the OBC will notify award winners of approval and of the grant amount. Any purchase that occurs before notification by the OBC, will not necessarily be honored.
- If the purchase of beef products total less than the awarded amount, OBC will adjust the amount to be reimbursed for the lesser.
- If the purchase of beef products total is greater than the awarded amount, OBC will reimburse only the awarded amount.



- Application deadline is **October 4th, 2024**. Approval date no later than **November 1st, 2024**
- Activity must conclude no later than **May 2nd, 2025**.

Receipts highlighting the purchase of beef must be included with the final summary report to secure reimbursement of awarded funds. This must be received by OBC post marked **May 12th, 2025**



CESI Report Due October 31!

This document includes a flowchart outlining the necessary data teachers must collect prior to finishing the Salary & Teaching schedule and CESI report. Please click below and save this document.

[CESI Report](#)

Oklahoma AITC's Read an Accurate Ag Book Week

Oklahoma AITC's Read an Accurate Ag Book Week is quickly approaching!! We have hosted this event since 2018 and it continues to grow each year. We hope to have more FCCLA Chapters join us!! We encourage teachers, FFA Chapters, FCCLA Chapter, 4-H clubs, and volunteers to go into classrooms and read a book about agriculture to students. They can be fiction and fun books, but just portray agriculture in an accurate way – no talking cows 😊. This year's event is **September 3rd – 6th, 2024**.

We hope your FCCLA Chapter will choose to participate! This is a great opportunity to make a connection with one or several elementary classrooms in your school district. There are more details in the form where you sign up (linked below), but if you participate, you will also be entered in to win a bushel of accurate ag books (25-30 books) that you could donate to your library or use for years to come!

Link to sign up: <https://forms.gle/en8BnzqpuvcvUiCc9>

Need some ideas for accurate ag books? Check out these links below:

<https://www.agfoundation.org/books>

<https://www.doctorhartfield.com/shop>

<https://www.facebook.com/okagclass>

<https://amandaradke.com/collections/amandas-books>

Please don't hesitate to reach out if you have any questions!

Dates and Deadlines

August 16 - Deadline to apply for BBBR Training
September 11 - North Region Lead Conference - Enid, OK
September 12 - South Region Lead Conference - Duncan, OK
September 17 - Northeast Region Lead Conference - Glenpool, OK
September 18 - Southeast Region Lead Conference - McAlester, OK
September 20-21 - FCCLA Meat Cooking Competition - Oklahoma City State Fair
September 21 - RIVERSPORT Day
October 31 - CESI Report Due



[Manage Subscriptions](#) | [Unsubscribe All](#) | [Help](#)

POWERING OKLAHOMA'S ECONOMY



okcareertech.org | 405.377.2000 | 800.522.5810