

Calculating Equivalents

Calculating equivalent volumes requires multiplying or dividing, then converting into units. Here are some basic equivalents and how to convert them.

<p>1 gallon = 4 quarts to convert quarts to gallons, divide by 4 8 quarts = 2 gallons</p>	<p>1 quart = 2 pints to convert pints to quarts, divide by 2 16 pints = 8 quarts</p>	<p>1 pint = 2 cups To convert cups to pints, divide by 2 32 cups = 16 pints</p>
<p>To convert gallons to quarts, multiply by 4 2 gallons = 8 quarts</p>	<p>To convert quarts to pints, multiply by 2 8 quarts = 16 pints</p>	<p>To convert pints to cups, multiply by 2 16 pints = 32 cups</p>
<p>1 cup = 8 ounces To convert ounces to cups, divide by 8 16 ounces = 2 cups</p>	<p>1 ounce = 2 Tablespoons To convert Tablespoons to ounces, divide by 2 32 Tbsp = 16 ounces</p>	<p>1 Tablespoon = 1 teaspoon To convert teaspoons to Tablespoons, divide by 3 3 tsp = 1 Tbsp 96 tsp = 32 Tbsp</p>
<p>To convert cups to ounces, multiply by 8 2 cups = 16 ounces</p>	<p>To convert ounces to Tablespoons, multiply by 2 16 ounces = 32 Tbsp</p>	<p>To convert Tablespoons to teaspoons, multiply by 3 1 Tbsp = 3 tsp 4 Tbsp = 12 tsp</p>

