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| Lesson Title: Take the Lead |
| Students will celebrate the people who have inspired them while building their own leadership skills through interactive activities. They’ll explore their personal strengths, connect them to the **Power of One** national program, and experience a taste of the **Leadership** STAR Event with fun, game-style challenges. |
| Intended Grade Level |
| Grades 5-12 |
| TIMEFRAME *How much time will it take to complete this lesson? (video, handouts, activity, etc.)* |
| 30 minutes (includes overview, activity, and reflection) |
| FCCLA NATIONAL PROGRAM(S) INTEGREATION |
| This lesson aligns with **Power of One –** helping members find and use their personal power. This also aligns with the *STAR Event* **Leadership** |
| **FCCLA CAREER PATHWAY INTEGRATION**  *What Career Pathway(s) does your lesson align with and how did you integrate them?* |
| * Arts & Design * Hospitality & Tourism * Financial Services * Education & Training * Human Services * Public Service |
| **REQUIRED PRIOR KNOWLEDGE** |
| Awareness of personal role models  Introductory knowledge of leadership skills (can be reviewed during the lesson)  Basic understanding of FCCLA and its national programs |
| **LEARNING OBJECTIVES** |
| * Identify personal sources of inspiration and leadership qualities * Connect their own strengths to future leadership opportunities * Practice leadership skills through hands-on challenges * Understand how the Power of One program and the Leadership STAR Event promote personal growth |
| **NATIONAL FCS STANDARDS** |
| * 1.2: Analyze potential career choices * 2.1: Demonstrate job-seeking skills * 13.3: Demonstrate communication skills for workplace success |
| **MATERIALS NEEDED** |
| * Large sticky chart paper or poster boards * Markers, sticky notes, index cards * Timer or stopwatch * "Service Project Passport" handout (optional — to track progress) * Small school spirit items (poms, mascot cutouts, pennants) for extra fun * Optional: prize for best mini-project pitch |
| **INSTRUCTIONAL STRATEGIES** |
| * Role-play * Speed challenges * Peer reflection * Leadership activities * Small group collaboration |
| **ACTIVITY #1: Inspiration Parade & Share** |
| Students introduce themselves as the person they dressed up as and share one leadership quality that person has. |
| **Activity #2: Leadership Challenge Stations** |
| 1️⃣Power of One Personality Match (Power of One Tie-In)   * Students match leadership skills to the five Power of One units by placing cards in the correct column. * Quick discussion: Which unit fits them best?   2️⃣ Leader Scenario Role-Play (Leadership STAR Event Tie-In)   * In pairs, students are given a leadership challenge scenario (e.g., “Your chapter needs to plan a fundraiser but can’t agree on what to do”). * Role-play a 1-minute solution.   3️⃣ Build the Tower, Build the Team   * In small groups, students build the tallest freestanding tower they can in 3 minutes using limited materials (paper, tape, string). * Debrief: What leadership skills did your group use?   4️⃣ Leader Lightning Round   * Students answer rapid-fire leadership trivia or “would you rather” questions related to leadership styles and famous leaders.   5️⃣ Inspire & Post   * Students write their own leadership motto or quote on a sticky note and post it on a “Wall of Inspiration.” |
| **Wrap-Up & FCCLA Connection** |
| Share: “The leaders you admire have qualities you can develop through FCCLA. The Power of One helps you set and reach personal goals, and the Leadership STAR Event lets you showcase your leadership skills.”  Challenge: “Pick one leadership skill to improve this week — and practice it in your chapter!”  Challenge: “Find ONE way you can personally contribute to a community project this month.” |
| **EXTENSION IDEAS** |
| * Create a digital slideshow of students in their leader costumes with their leadership quotes * Invite a local community leader to speak about their leadership journey * Turn the Wall of Inspiration into a permanent classroom display * Use the Leadership Assessment from the Leadership STAR Event to identify areas students want to work on to grow their personal leadership traits * Since it’s Recruit Future Leaders, visit the elementary or middle school classes that are one year from joining FCCLA. Wear your FCCLA t-shirts or official dress. Do a hands-on activity with them, like dirt cake cups, and get them excited to join FCCLA the next year. |
| **SOURCES** |
| FCCLA Power of One National Program  FCCLA STAR Events Manual – Leadership STAR Event |

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