



OKLAHOMA CareerTech

FCS

Family and Consumer Sciences
FCCLA - Family, Career and Community Leaders of America

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Sept 23, 2025

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Upcoming Events



SPARK Week - September 22-26, 2025

Get ready to recruit new members, re-ignite the flame of passion in returning members, and show your FCCLA pride! Each day will feature a fun theme, dress-up day, and activities designed to “Paint It Red” as we work toward our goal of **26,000 members** in Oklahoma FCCLA this year. Dive into the lesson plans, join in the fun, and **ignite a SPARK that will grow your membership all year long!**

SPARK stands for
Strengthen Your Skills,
Promote your Passion,
Amplify Your Chapter,
Recruit Future Leaders, and

Recruit Future Leaders, and
Kickstart Your Journey.

SPARK Lesson Plans

That State Officers put together these videos to help you and your students get excited about SPARK Week. Whether you have new students or veteran FCCLA members, let's "Paint It Red" this week to show our love and support for FCCLA.

SPARK Week from the State Officers

PEAK Conference Registration Deadline - September 23



**Join us for the
brand-new
PEAK Conference!**

OCTOBER 3RD, 2025
9 AM - 12 PM

**MERIDIAN TECHNOLOGY CENTER
GUTHRIE CAMPUS**

\$25 plus a free t-shirt

POSTSECONDARY • EMPOWER • AMBITION • KNOWLEDGE

FCCLA
OKLAHOMA

COLLEGIATE
DECA

HOSA
Future Health Care Professionals
OKLAHOMA

PEAK
CONFERENCE
"WHERE AMBITION AND
LEADERSHIP ALIGN"

Stand out to
get hired!

Postsecondary
Student Exclusive
Opportunity

An Exciting Keynote
Informative Workshops
Professional Development
Networking Opportunities

PEAK Conference is for postsecondary members ONLY! Oklahoma FCCLA is proud to partner with our fellow CTSO's Oklahoma DECA and Oklahoma HOSA to bring this brand new conference made EXCLUSIVELY for our Postsecondary members! Attendees will hear from an outstanding keynote speaker, attend informative workshops, get meaningful professional development and have the opportunity to network with other postsecondary members across this great state!

[Register for PEAK here](#)

Take AIM Registration - Closes September 23, 2025





2025 TAKE AIM

OCT 7TH

MERIDIAN TECH - SOUTH
GUTHRIE, OK



MORE INFO

oklahomafccla.org

\$50
PER STUDENT
INCLUDES: FCCLA POLO
& LUNCH

Take AIM (Active and Involved Members) is a one-day conference jam-packed with leadership, laughter, and learning about the greatest organization: FCCLA. **This conference is designed for new members, grades 7-10, to learn what the Ultimate Leadership Experience is all about.** Experience team building exercises, leadership lessons, and more. This high-energy, upbeat conference will help members find their place in FCCLA and leave them ready to aim for new heights in their FCCLA journey.

[Register for TAKE AIM here](#)



WE INVITE YOU
to celebrate
National Be A Teacher Day!

On October 9th, 2025

How to Get Involved

Post a photo or story on social media using

#BeATeacherDay



Thank a teacher who made a difference in your life.
Encourage students to explore careers in education.

Family & Consumer Sciences Reporting Deadlines	
CTIMS REPORT:	DUE DATE:
Salary & Teaching Report	9/30/25
CESI Report initial submission	10/31/25
CESI - Follow Up Report	11/30/25
CESI - Additional Students	01/31/26
CESI - Final Reports	05/31/26

Student Resources

Dress For Success Internship Opportunity



Share with your high school students

Paid Internship Opportunity

Dress for Success Oklahoma City is looking for a motivated, mission driven individual

to join our small but mighty team. This internship is a hands-on opportunity to gain experience in nonprofit operations, client services, community engagement and event planning; all while making a real impact on women in our community.

- Part-time 15-20 hours a week
- Paid Position, \$12-16/hr
- Oklahoma City, OK
- 2026 Spring/Summer Start Date

If you're passionate about empowering women and want to grow your skills in a supportive and meaningful environment, they'd love to hear from you. To learn more, check out their Facebook page.

[DFS's Facebook](#)

ATTENTION Tech Center Teachers - Bring Back the Trades - Scholarship Alert!



Tech Center teachers, please share this information with your students.

Bring Back the Trades Inc. is awarding **\$1,500 scholarships every month** during the school year to students in Skilled Trades programs. Applying is quick—just fill out the form and submit either a short essay or video (up to 8 MB) about why you deserve the scholarship. Funds go directly to your school!

[Apply Here](#)

Professional Development



FORBES HEVER & WALLACE, INC.

Culinary Occupational Programs

FH&W Foodservice Open - Swing Into Innovation!

Join us at the FH&W Commercial Kitchen Foodservice Open—a hole-in-one event for chefs, restaurant pros, schools, consultants, healthcare FSDs, and more. Tee up with top manufacturers, see live equipment demos, and explore foodservice solutions that drive efficiency, flavor, and results.

We're also thrilled to welcome Rebecca Kilbreath, Editor of Restaurant Development + Design

magazine, as our special guest speaker. She'll share the latest trends her team is seeing and writing about—don't miss this insider look at what's shaping the future of foodservice spaces!

- Where: ONE Gas Education & Training (EAT) area, 15 E. 5th St., Suite 110, Tulsa, OK
- When: September 24th, 2025 at 11:00 am - 3:00 pm

[Register Here](#)

Virtual Training for Testing Liaisons for Competency Testing



Training opportunity!

Are you currently serving—or interested in serving—as a **Testing Liaison**? The Oklahoma CareerTech Testing Center is hosting a **virtual training session** to walk you through the entire liaison process. Learn how to become officially designated, navigate roster creation and submission, and get other key updates to support your role. The training will conclude with a **Q&A session** so you can get your questions answered directly.

Virtual session is September 29, 2025 at 9:30 am - No registration needed!

Please share this training opportunity with your current testing liaison.

[Zoom Link](#)

Hands-On OSU Culinary Workshop







CULINARY WORKSHOP

DON'T RISK IT:

TIME & TEMPERATURE ESSENTIALS

When

Friday
Oct 3rd
9:30 AM-12:30 PM

Where

ONE Gas Education and Training (EAT) Area
15 E 5th St Ste 110
Tulsa, OK 74103

Free Registration | Limited Seating



Explore how proper temperature control not only ensures food safety but also elevates flavor, texture, and overall quality. From holding hot foods at the right temp to chilling ingredients for freshness, you'll learn how precision makes all the difference.

Put your skills to the test with a hands-on mystery basket challenge designed to reinforce key concepts in a fun and engaging way. Get ready to cook smart—and safe!

Friday, October 3, 2025 at 9:30 AM until 12:30 PM

ONE Gas Education and Training (EAT) Area
15 E 5th St Ste 110
Tulsa, OK 74103
[Map and Directions](#)

[Register Here](#)

FCCLA

Adviser STAR Event Bootcamp - Registration Deadline September 23

Join Oklahoma FCCLA Advisers for this one-day workshop to learn the ins & outs of coaching students in STAR Events. **This is for advisers only!** Topics covered are reading rubrics, preparing portfolios, creating displays, & STAR Event speech writing. This event is FREE for Advisers & is taking place October 1st, 2025!

[STAR Event Bootcamp](#)

Nationals announced:

Two More STAR Events Advancing Third Place to NLC:

Career Investigation and Focus on Children third place at district, region, and state can now advance. The third place at state must have an 80 or better to advance to each level. Focus on Children begins at the Region level and will advance to State and Nationals. Career Investigation begins at District level and can advance to region, state, and nationals. There are now 9 events that allow the top 3 to advance:

- Baking & Pastry
- Career Investigation
- Culinary Arts
- Focus on Children
- Job Interview
- Leadership
- Sustainability Challenge
- Teach or Train
- Say Yes to FCS

2025-2026 Competitive Events Guidelines

The STAR Events Guidelines are now available in the FCCLA Portal. To access them, go to: www.fcclainc.org

> **Resources > Competitive Events > 2025-2026 STAR Events.** Within the STAR Events section, you'll find a folder for each event containing its specific guidelines, rubrics, and resources.

STAR Event Guidelines

2025-2026 Skill Demonstration Events

FCCLA's National Skill Demonstration Events (SDE) provide members the opportunity to showcase their college- and career-readiness skills in Family and Consumer Sciences. These events require a shorter time commitment than STAR Events and are open to all FCCLA members—no state qualification is needed. Looking ahead, FCCLA will publish the guidelines in the portal for the nine (9) SDEs that will be offered at the 2026 National Leadership Conference in March 2026.

Skill Demonstration Events



Looking for Blazers?

FCCLA Official Dress

Looking for blazers? Be sure to visit <https://fccla.mybrightsites.com/pages/7985> to get your blazers ordered for the new year. Total price is truly \$83 per blazer, so prepare your POs for that cost. You can use \$300 of your 412 funding to purchase blazers, ties, black dresses, dress pants, white shirts, polos, and chef attire. Items **must** stay with your chapter as they are purchased with state funds.

***Pro tip: the Uniforms Today blazers run 2 sizes smaller, so please measure (twice!) before placing your order.*

412 Funding Letter

STAR Event Updates - New STAR Event Offered, STAR Event Rotation

Reminder — Nutrition and Wellness and Chapter Service Project - DISPLAY are the rotation of events. Sports Nutrition and Chapter Service Project - Portfolio are NOT offered this year. Chapter in Review is NOT offered.

Oklahoma FCCLA is now offering **National Programs in Action**, beginning at the State Level. As a reminder, all events on the chart linked below are offered at the district, region, or state level.

Online Events are not listed, but are offered (and encouraged!) They are not listed because they are submitted directly to National FCCLA.

NEWEST - 2025-2026 STAR Event Chart

Family & Consumer Sciences in the NEWS!

THE
POWERLIST
THE JOURNAL RECORD
TOP LEADERS IN EDUCATION

"The **Power List: Top Leaders in Education 2025** honors the professionals driving progress in a field that demands resilience, creativity and collaboration. These leaders are teachers, administrators, advocates, executives and innovators, each playing a critical role in shaping the minds and opportunities of tomorrow." -Journal Record Staff

[Read More Here](#)



Want to brag about your students??? Share exciting news with your program specialist so we can share the exciting news with FCS leaders across the state. We want to hear how they are impacting their schools and community.

Expense Report Spreadsheet template now available!

[illegible]

Are you looking for an easier way to keep your 412 spending organized? A ready-to-use tracking template is now available on ctYOU to help you manage your funds efficiently and stay on top of your budget. This resource is designed to simplify the process and ensure accurate recordkeeping throughout the year.

To access the template, follow these steps.

ctYOU > FCS > 5 Year Comprehensive Program Evaluations > Program Evaluations > FCS 412 Expense Tracker

A graphic titled "LOTTERY GRANT Checklist" with a light green header and a tan background with faint floral patterns. It contains a checklist with four items, each preceded by an empty checkbox. The items are: "EQUIPMENT REIMBURSEMENT REQUEST", "PAID INVOICE OR RECEIPT ONLY FOR ITEMS PURCHASED", "469 DETAILS EXPENDITURE REPORT", and "AS SOON AS PURCHASES ARE RECEIVED COMPLETE THE EQUIPMENT REIMBURSEMENT REQUEST". Each item has a bulleted list of instructions. At the bottom, a bold statement reads: "REIMBURSEMENT WILL NOT BE PROCESSED FOR REQUESTS TIME STAMPED OR POSTMARKED AFTER FEBRUARY 07, 2026."

LOTTERY GRANT
Checklist

- ☐ **EQUIPMENT REIMBURSEMENT REQUEST**
 - List items by **names**, not numbers, and in the **same order** as they appear on the original grant request
- ☐ **PAID INVOICE OR RECEIPT ONLY FOR ITEMS PURCHASED**
 - In the **same order** as the original request
 - Must have the word **INVOICE** and an **Invoice number**
 - Do not send POs, requisitions, shipping statements, etc.
- ☐ **469 DETAILS EXPENDITURE REPORT**
 - In the **same order** as the original request
 - Must have the word **INVOICE** and an **Invoice number**
 - Do not send POs, requisitions, shipping statements, etc.
- ☐ **AS SOON AS PURCHASES ARE RECEIVED COMPLETE THE EQUIPMENT REIMBURSEMENT REQUEST**
 - Attach copies of all paid invoices and a detailed 469 expenditure report
 - Submit to Holly Hanan, Family & Consumer Sciences, holly.hanan@careertech.ok.gov, or mail to ODCTE, c/o Holly Hanan, 1500 W 7th Ave. Stillwater, OK 74074

REIMBURSEMENT WILL NOT BE PROCESSED FOR REQUESTS TIME STAMPED OR POSTMARKED AFTER FEBRUARY 07, 2026.

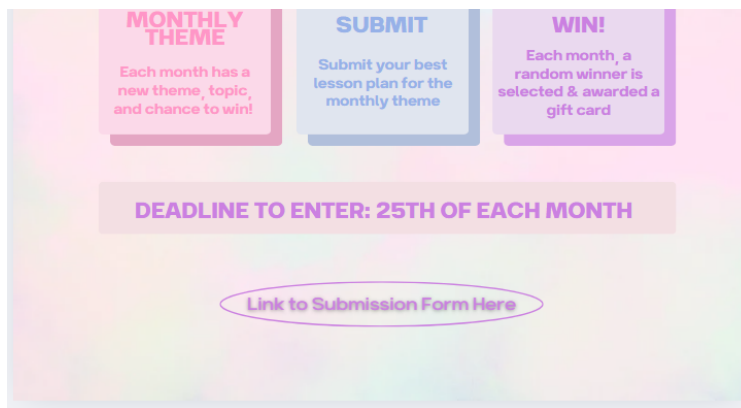
Check before you submit!

Use this checklist to ensure that ALL of your documents are as they should be before you submit your reimbursement paperwork. This will help streamline our process and keep you from having to redo any paperwork.

Interested in applying for the next round of Lottery Grants? Keep an eye on our newsletter for updates on when the next application window opens.

Deadline approaching! Submit by Sept 25 to be entered into the drawing.





Calling ALL FCS Educators!

Join our Monthly Lesson Plan Challenge. We are seeking fun, motivating, and engaging lessons plans that get your students excited about learning. At the start of each month, we will announce the theme and cluster focus. Then simply follow the link below to submit your lesson plan.

Why participate?

- Provide practical, classroom-tested strategies for fellow educators.
- Strengthen the network of FCS professionals supporting one another.
- Showcase the innovative work happening in Oklahoma FCS classrooms.
- You'll be entered in our monthly drawing of a \$25 gift card.

**Winner will be announced at the start of the next month's theme*



Septembers theme: Back to the Future - Careers that Shape Lives

September is **National Workforce Development Month**, and we want to celebrate your brilliance! Share your best **career-focused or education-themed** lesson plan and help prepare students for the future!

Career Cluster focus:

- **Career Ready Practices**
 - Communication
 - Problem-Solving
 - Professionalism

- Professionalism
- Education Careers
 - Teaching
 - Mentoring
 - Lifelong Learning

[Submit Your Plan Here](#)

OKLAHOMA BEEF COUNCIL

Bring BEEF to Your FACS Class with Grant Funding!

The Oklahoma Beef Council (OBC) is offering **grants of up to \$250** to **Family & Consumer Sciences (FACS) classes** for the purchase of **fresh, frozen, or heat-and-serve beef products**. This is a great opportunity to add real-world learning to your classroom—and enjoy the delicious benefits!

- ♦ **Who's Eligible?** Junior and senior high school FACS classes
- ♦ **What's Covered?** Beef purchases only – OBC will determine final grant amounts
- ♦ **Deadline to Apply:** September 30, 2025
- ♦ **Approval Notifications:** By November 1, 2025
- ♦ **All Activities Must Wrap Up By:** April 30, 2026
- ♦ **Final Reports Due:** Postmarked by May 10, 2026 (with receipts included!)

⚠ *Note: Don't make any purchases until you've been officially approved—early purchases may not be reimbursed.*

Fuel your FACS classroom with hands-on culinary learning—**apply now and bring beef to the table!**

[Apply Here](#)



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POWERING OKLAHOMA'S ECONOMY



okcareertech.org | 405.377.2000 | 800.522.5810

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SPARK WEEK! September 22-26, 2025

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