



OKLAHOMA CareerTech

FCS

Family and Consumer Sciences
FCCLA - Family, Career and Community Leaders of America

[Contact Us](#)

Oct 7, 2025

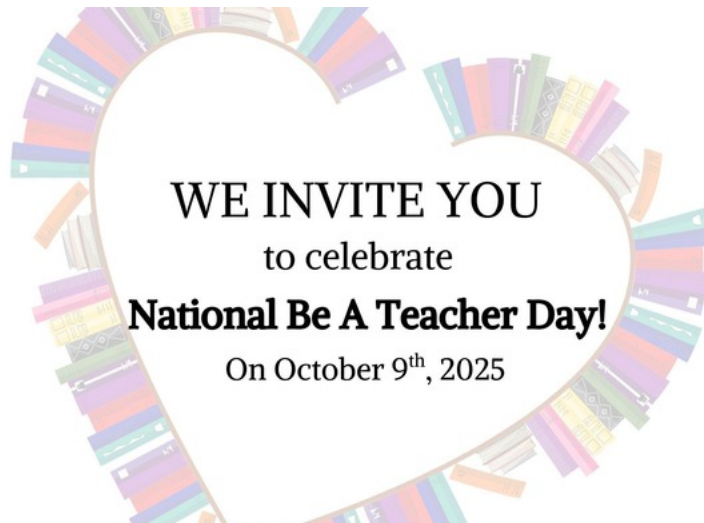
- [Upcoming Events](#)
- [Student Resources](#)
- [Professional Development](#)
- [FCCLA](#)
- [Family & Consumer Sciences in the NEWS!](#)
- [FCS Resources](#)

Upcoming Events

WALKtober with Oklahoma FCCLA



WALKtober with Oklahoma FCCLA and Student Body
Oklahoma FCCLA is proud to focus on Student Body during the 2025-2026 school year. Our first challenge is WALKtober, in partnership with the Stillwater Chamber of Commerce and the Payne County Coalition.
How can you participate? You can make a team OR be a solo walker, sign-up, and start getting your steps! Be sure to use "FCCLA" in your team name so we'll know that's you!
To join the challenge, go to: <https://www.challengerunner.com/enroll/7644mp-5349>
The Challenge Code Is: 7644mp-5349
Challenges with the app? Email paynecountylivewell@gmail.com
Click to edit this placeholder text.



How to Get Involved

Post a photo or story on social media using

#BeATeacherDay



Thank a teacher who made a difference in your life.
Encourage students to explore careers in education.

[Download Toolkit Here](#)

Check before you submit!

LOTTERY GRANT
Checklist

- ☐ **EQUIPMENT REIMBURSEMENT REQUEST**
 - List items by **names**, not numbers, and in the **same order** as they appear on the original grant request
- ☐ **PAID INVOICE OR RECEIPT ONLY FOR ITEMS PURCHASED**
 - In the **same order** as the original request
 - Must have the word **INVOICE** and an **Invoice number**
 - Do not send POs, requisitions, shipping statements, etc.
- ☐ **469 DETAILS EXPENDITURE REPORT**
 - OCAS code for the lottery grant money.
 - Must include date paid, warrant numbers, dates, vendors, amounts, and funding year.
- ☐ **AS SOON AS PURCHASES ARE RECEIVED COMPLETE THE EQUIPMENT REIMBURSEMENT REQUEST**
 - Attach copies of all paid invoices and a detailed 469 expenditure report
 - Submit to Holly Hanan, Family & Consumer Sciences, holly.hanan@careertech.ok.gov, or mail to ODCTE, c/o Holly Hanan, 1500 W 7th Ave. Stillwater, OK 74074

REIMBURSEMENT WILL NOT BE PROCESSED FOR REQUESTS TIME STAMPED OR POSTMARKED AFTER FEBRUARY 07, 2026.

The reimbursement process has begun!

Don't delay—submit your Lottery Grant reimbursement documents early!

Submitting ahead of the deadline gives you time to make adjustments if needed and helps avoid delays in receiving your funds. By carefully following the attached checklist and including **all** required documents, you reduce the chance of issues and ensure a smoother review process. Taking a few extra minutes to double-check your paperwork now can save you from having to resubmit later.

Looking ahead? If you're interested in applying for the next round of Lottery Grants, stay tuned to our newsletter for updates on when the next application window opens.

Family & Consumer Sciences Reporting Deadlines	
CTIMS REPORT:	DUE DATE:
Salary & Teaching Report	9/30/25
CESI Report initial submission	10/31/25
CESI - Follow Up Report	11/30/25
CESI - Additional Students	01/31/26
CESI - Final Reports	05/31/26

Student Resources

Dress For Success Internship Opportunity



Share with your high school students

Paid Internship Opportunity

Dress for Success Oklahoma City is looking for a motivated, mission driven individual to join our small but mighty team. This internship is a hands-on opportunity to gain experience in nonprofit operations, client services, community engagement and event planning; all while making a real impact on women in our community.

- Part-time 15-20 hours a week
- Paid Position, \$12-16/hr
- Oklahoma City, OK
- 2026 Spring/Summer Start Date

If you're passionate about empowering women and want to grow your skills in a supportive and meaningful environment, they'd love to hear from you. To learn more, check out their Facebook page.

[DFS's Facebook](#)

ATTENTION Tech Center Teachers - Bring Back the Trades - Scholarship Alert!

MONTHLY SCHOLARSHIPS

Bring Back the Trades Inc. awards monthly scholarships during the school calendar year to students from across the United States who are attending post-secondary education in the Skilled Trades.

Monthly scholarships of **\$1,500** are awarded and sent directly to the secondary school the award recipient attends.

Applying is easy! Complete the form below, write an essay, or share a short video (up to 8 MB) explaining why you deserve the scholarship.

Tech Center teachers, please share this information with your students.

Bring Back the Trades Inc. is awarding **\$1,500 scholarships every month** during the school year to students in Skilled Trades programs. Applying is quick—just fill out the form and submit either a short essay or video (up to 8 MB) about why you deserve the scholarship. Funds go directly to your school!

[Apply Here](#)

Professional Development

New VPD Series Alert!

LEADING IN THE LAB
FOUNDATIONS OF LAB MANAGEMENT

Earn a Foundations of Lab Management
AAFCS Micro-Credential

Free for members
Fee for non-members

AVAILABLE NOW

Susan Turgeson, CFCS

Watch Now:
WWW.PATHLMS.COM/AAFCs

AAFCs

Leading in the Lab: Foundations of Lab Management kicks off with Session 1:

Purpose, Preparation & Participation — and it's available NOW! 🎉

Want more meaningful, productive lab experiences? This session dives into how intentional planning sets the stage for student engagement and success.

📺 Free for AAFCS Members | \$50 for Non-Members

🎧 Learn to:

- ✓ Differentiate product vs. process outcomes
- ✓ Prepare for successful facilitation
- ✓ Encourage active student participation

Start leading with purpose

[Register Here](#)

Spring 2026

Teaching to Teach Apprenticeship Program



OKLAHOMA CareerTech





For more information, Scan Here

Oklahoma CareerTech and the Regional University System of Oklahoma have launched the Teaching to Teach Apprenticeship Program to provide teachers with education training at a regional university and on-the-job training under a mentor at their school districts or early learning centers.



Program Information

The Teaching to Teach Apprenticeship Program is available for the 2025 – 2026 academic year. This scholarship is intended to reimburse you for out-of-pocket costs associated with pursuing your education requirements. The amount will vary depending on the remaining tuition and books balance. Program spots are on a “first-come, first-serve” basis.



Eligibility

- Minimum 2.0 GPA
- Actively employed at an Oklahoma school district, technology center, or early learning center
- Participation requires employer commitment to support apprenticeship on-the-job learning and mentorship
- Pursuing alternatively certified, emergency certified, and/or standard certification
- Enrolled at an approved Regional University System of Oklahoma (RUSO) university in an education/teacher preparation degree or certification program.










Contact

Joe Cox

Apprenticeship Specialist

(580) 430-1234

joe.cox@careertech.ok.gov

How to Apply

apprenticeships@careertech.ok.gov

The **Teaching to Teach Apprenticeship Program** is available for the 2025–2026 academic year. This scholarship is designed to reimburse out-of-pocket costs associated with pursuing required education. The award amount will vary depending on remaining tuition and book expenses, and program spots are available on a *first-come, first-served* basis. (Flyer attached.)

Completed Application Due Date: October 31, 2025, by 11:59 p.m.

Additional information and the application can be found on our website

[More Info Here](#)

FCCLA

Affiliation Deadline – October 10, 2025

PENDING	1143435			Ashlynn
PENDING	1358582			Vannia
PENDING	1143439			Adelyn

All chapters must have their **initial affiliation submitted and PAID** by **October 10, 2025**.

⚠ Just submitting names does **not** mean your chapter is paid. National FCCLA must have a **credit card payment or check in hand** by the deadline.

✅ You will know your chapter is paid when a **green “PAID”** appears next to student names.

⌚ If it says **“PENDING,”** names have been submitted but payment has not been received.

[Affiliate Here](#)

FCCLA Trading Pin Contest - Deadline October 17th [Click to edit this heading](#)

OCTOBER 17TH CLICK TO EDIT THIS HEADING.

Do you want a chance to showcase your creative side? Trading pins are an exciting part of NLC, as they showcase what our state is all about and start conversations about our great state! So, draw anything that represents Oklahoma, and be sure to submit your creations here!

Winner gets a FREE OK FCCLA NLC package!

[More Information Here](#)

STAR Events Registration Reminder

District STAR Events registration is due **October 21, 2025**.

👉 This registration is **ONLY** for the following events that take place at District STAR Events:

- Cake Decorating
- Career Investigation
- Creed Speaking & Interpretation
- Job Interview
- New Member Facts
- Children's Literature
- Professional Presentation
- Repurpose & Redesign

⚠️ All other events not listed here will only open at the **Region or State** registration periods.

Important Reminders:

- Students **MUST** be affiliated and **PAID** in the national FCCLA portal by **October 21, 2025** for their names to appear in the STAR Events registration system. Look for the **green "paid"** beside their name. If this is not complete by the deadline, they **cannot compete**.
- Refunds or substitutions are **not honored** after October 21, 2025.
- The cost to compete is **\$10 per student**.
- **Official dress is required** for all events at district, **except Cake Decorating**, which requires chef's attire.

Special Themes:

- *Cake Decorating*: Create cakes inspired by a **country or culture** — think Eiffel Tower cakes, Japanese cherry blossoms, or Mexican fiestas.
- *Children's Literature*: Share a story inspired by a **country or culture** — characters might travel abroad, try new foods, visit landmarks, or experience a flight for the first time.

📖 For full details, review the STAR Events Chart to see which events begin at district, region, or state levels

[STAR Event Chart](#)

Nationals announced:

Two More STAR Events Advancing Third Place to NLC:

Career Investigation and Focus on Children third place at district, region, and state can now advance. The third place at state must have an 80 or better to advance to each level. Focus on Children begins at the Region level and will advance to State and Nationals. Career Investigation begins at District level and can advance to region, state, and nationals. There are now 9 events that allow the top 3 to advance:

- Baking & Pastry
- Career Investigation
- Culinary Arts
- Focus on Children
- Job Interview
- Leadership
- Sustainability Challenge
- Teach or Train
- Say Yes to FCS

2025-2026 Competitive Events Guidelines

The STAR Events Guidelines are now available in the FCCLA Portal. To access them, go to: www.fcclainc.org

> **Resources > Competitive Events > 2025-2026 STAR Events**. Within the STAR Events section, you'll find a folder for each event containing its specific guidelines, rubrics, and resources.

[STAR Event Guidelines](#)

2025-2026 Skill Demonstration Events

FCCLA's National Skill Demonstration Events (SDE) provide members the opportunity to showcase their college- and career-readiness skills in Family and Consumer Sciences. These events require a shorter time commitment than STAR Events and are open to all FCCLA members—no state qualification is needed. Looking ahead, FCCLA will publish the guidelines in the portal for the nine (9) SDEs that will be offered at the 2026 National Leadership Conference in March 2026.

Skill Demonstration Events



Looking for Blazers?

FCCLA Official Dress

Looking for blazers? Be sure to visit <https://fccla.mybrightsites.com/pages/7985> to get your blazers ordered for the new year. Total price is truly \$83 per blazer, so prepare your POs for that cost. You can use \$300 of your 412 funding to purchase blazers, ties, black dresses, dress pants, white shirts, polos, and chef attire. Items **must** stay with your chapter as they are purchased with state funds.

***Pro tip: the Uniforms Today blazers run 2 sizes smaller, so please measure (twice!) before placing your order.*

412 Funding Letter

STAR Event Updates - New STAR Event Offered, STAR Event Rotation

Reminder — Nutrition and Wellness and Chapter Service Project - DISPLAY are the rotation of events. Sports Nutrition and Chapter Service Project - Portfolio are NOT offered this year. Chapter in Review is NOT offered.

Oklahoma FCCLA is now offering **National Programs in Action**, beginning at the State Level. As a reminder, all events on the chart linked below are offered at the district, region, or state level.

Online Events are not listed, but are offered (and encouraged!) They are not listed because they are submitted directly to National FCCLA.

NEWEST - 2025-2026 STAR Event Chart

Family & Consumer Sciences in the NEWS!



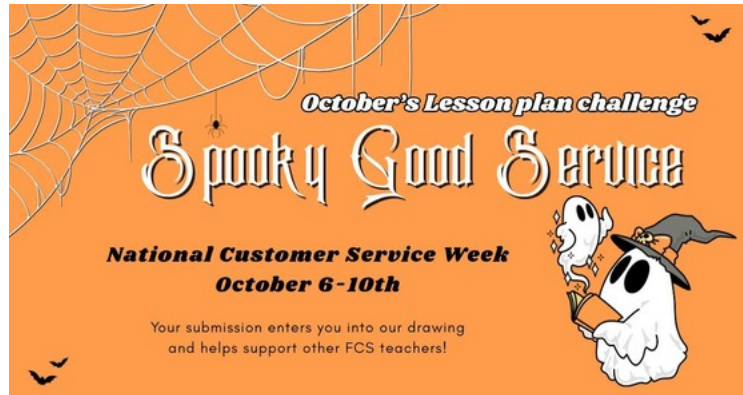


We want to celebrate you and your students!

Want to brag about your students??? Share exciting news with your program specialist so we can share the exciting news with FCS leaders across the state. We want to hear how they are impacting their schools and community.

FCS Resources

October's Lesson Plan Challenge Theme



Your spooky-good ideas belong here!

Submit your lesson on service, hospitality, or human services before Oct 25th. We want to showcase how your lessons are impacting your students and their customer & community service skills. It takes less than 20 minutes to submit. Your submission will get your name entered into our \$25 gift card drawing and help build the FCS resource library that will help fellow Family & Consumer Sciences educators across the state.

Spooky Topic Inspiration:

- "Frightfully Delicious Customer Service" – roleplay scenarios in a restaurant setting with tricky (but themed) customer requests.
- Haunted Hotel Roleplay – practice check-in/check-out etiquette with surprise "customer challenges."
- Facing Fears in Service Professions – discussion and activities around stress management, compassion fatigue, or handling difficult clients.
- The Mystery Customer – a "secret shopper" style activity where students evaluate each other's service interactions.

[Submit Here](#)

CHEW ON THIS

SOMETHING TO TALK ABOUT

Restaurant
Development + Design
Magazine



SURVEY SAYS

23% of respondents noted that restaurant bathrooms are no longer an afterthought — they're a place for selfies and should be designed as such





INTERIOR DESIGN

Looking for industry connection?
Check out the Blog Posts from Kirkendall Designs

[BLOG](#) [>](#)

[illegible]

ctYOU > FCS > 5 Year Comprehensive Program Evaluations > Program Evaluations > FCS 412 Expense Tracker



POWERING OKLAHOMA'S ECONOMY



This email was sent to Email Address using GovDelivery Communications Cloud on behalf of: OKCareerTech · Oklahoma Department of Career and Technology Education · 1500 West 7th Ave. · Stillwater, Oklahoma 74074-4398 · (800) 522-5810



Subject: FCS/FCCLA Weekly Newsletter-Oct 7th