Layers of C-Section Drive Link



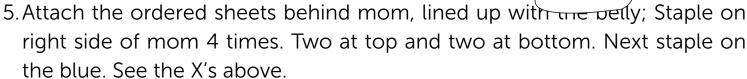
Layers of C-Section Paper Foldable Instructions:

Materials:

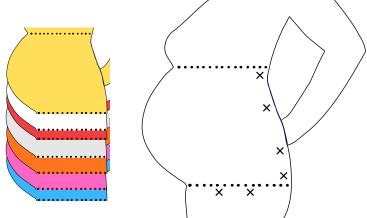
- "Preganancy" printable
- -Belly Stencil on colored paper printed per student(Yellow, White, Red, Orange, Pink, Blue, and half a sheet protector) *There are two stencils per printed page, each student only needs one
- -Colored Pencils,
- -Sharpie
- -Scissors
- -Stapler (hot glue could work instead)

Making the Foldable:

- 1. Cut out 1 stencil from each colored sheet. The blue should be longer.
- 2. Use one of the stencils to trace and cut from sheet protector.
- 3. Put in this order, top to bottom:
 - a. Yellow
 - b. White
 - c.Red
 - d. Clear
 - e. Orange
 - f. Pink
 - g.Blue
- 4. Color the Mom



- 6. Cut through the dotted line on top.
- 7. Cut through the bottom lines on bottom, except blue.
- 8. Fill in the notes for each layer



Layers of C-Section Wearable Instructions:

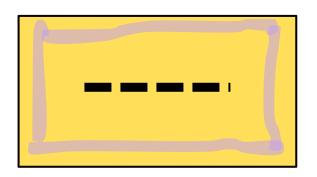
Materials:

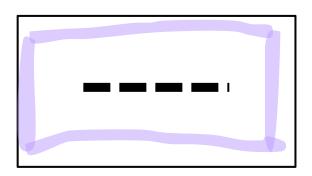
- -Shirt or apron (dye in variety of "skin colors"
- -1 Felt sheet in yellow, white, red, orange, pink
- -2 felt sheets in blue
- -Thick sheet protector
- -Ruler
- -Scissors
- -Hot Glue
- -7" Zipper
- -Small, flexible baby doll

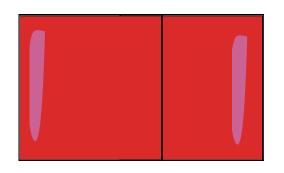
Making the Wearable:

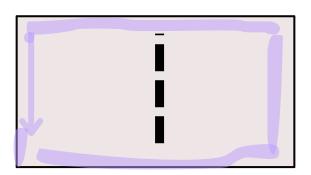
- 1. Draw an incision line on your shirt to match your zipper, then cut.
- 2. Sew or Hot Glue your zipper to your shirt and turn inside out.
- 3. Draw a 7" incision in the middle of the yellow, then cut. Glue to the shirt, lining up to the zipper.
- 1. Repeat with White
- 2. Red (muscles) will be cut in half, vertically. Then, overlap slightly. Only glue on the outer sides, so that they can be "pulled" apart in the mdidle.
- 3. Clear (abdominal lining) will have a 6" vertical incision.
- 4. Orange (bladder) you will cut off one inch on the top and both sides (leave the bottom). It is only glued at the bottom so that it can be pushed down out of the way.
- 5. Pink (uterus) repeat steps for yellow (fat), and then with orange in between, pink will be glued to the orange on top, but clear on the sides and pink.
- 6. Blue (amniotic sac)- Cut one 7" horizontal line in the middle of one blue sheet. Then glue the two blue sheets on both sides and bottom, leaving the top open. This will make a pouch you can put baby in from the inside.

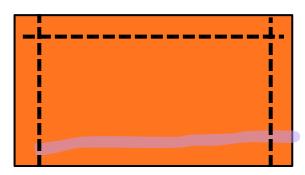
Layers of C-Section Visuals Instructions:



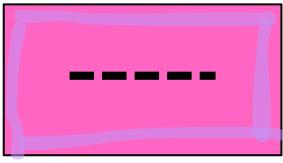




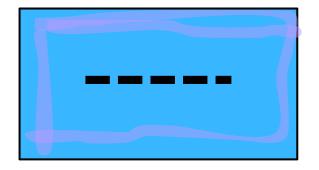


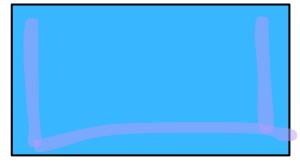


Cut off one inch on top and both sides.
Only glue on bottom.



The sides and top will be glued to the clear, even though the orange is in between. The bottom will be glued to the orange.. This will allow the orange to be slid out of the way during the essection





Glue

Foldable Notes

Cover Yellow

4-6" horizontal Pfannestiehl

- A Scalpel is used to make incision
- The skin is thin
- Blood vessels are cauterized

White Red

- shiny, tough, fibrous layer called the <u>fascia</u>
- Lays on top of muscles
- The rectus abdominal muscles (the "abs") are two muscles that run up and down from the upper abdomen down to the pubic bone.
- They can easily be <u>pulled apart</u> and away to expose the next layer to open.

Foldable Notes

Clear Orange

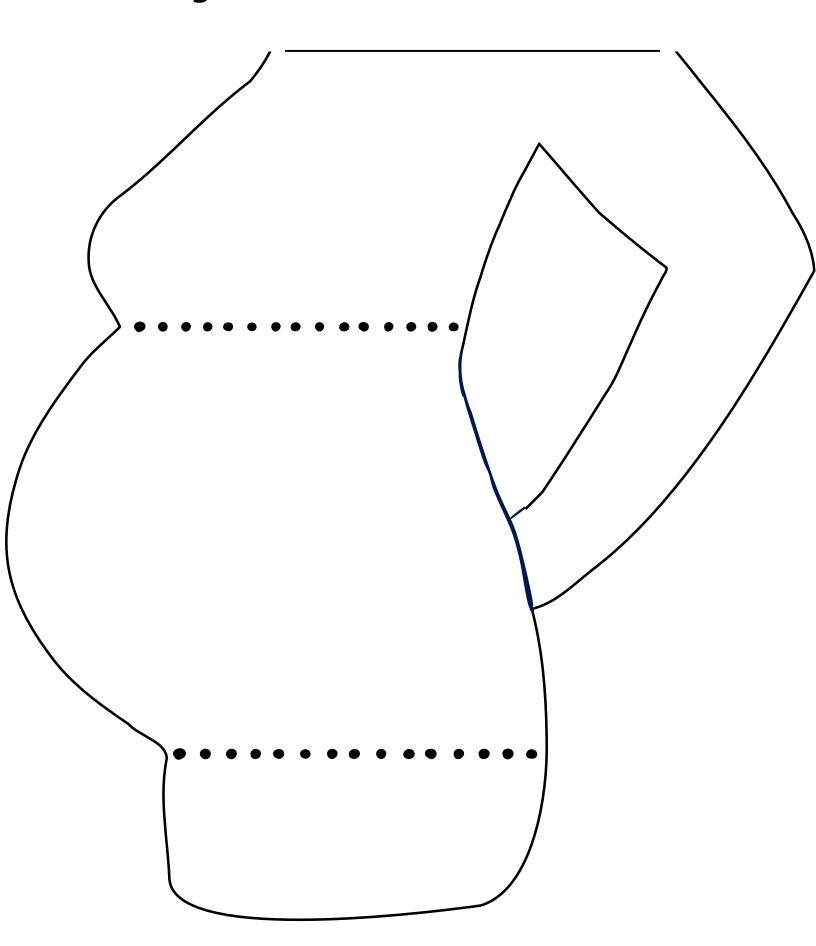
- <u>Peritoneum</u>, a filmy, flimsy layer . The lining of the abdominal cavity.
- Vertically incision
- It is usually such a thin layer that one can see any bowel underneath it. This is a good thing, because cutting bowel is a very bad idea.
- Bladder- Is not cut, but moved down
- Incision may cause permanent damage.
- Usually a retractor called a "bladder blade" is used to pull the lowest part of the opening downward

Pink Blue

- Uterus
- Where baby is housed.
- Horizontal incision towards bottom of uterus, carefully cut.

 Water will be suctioned away once uterus is opened to make more room for delivery.

Layers of a C-Section



Pregnancy Stencil

