



OKLAHOMA CareerTech

FCS

Family and Consumer Sciences
FCCLA - Family, Career and Community Leaders of America

[Contact Us](#)

Dec 16, 2025

- [Upcoming Events](#)
- [Student Resources](#)
- [FCCLA](#)
- [FCS in the NEWS!](#)
- [FCS Resources](#)

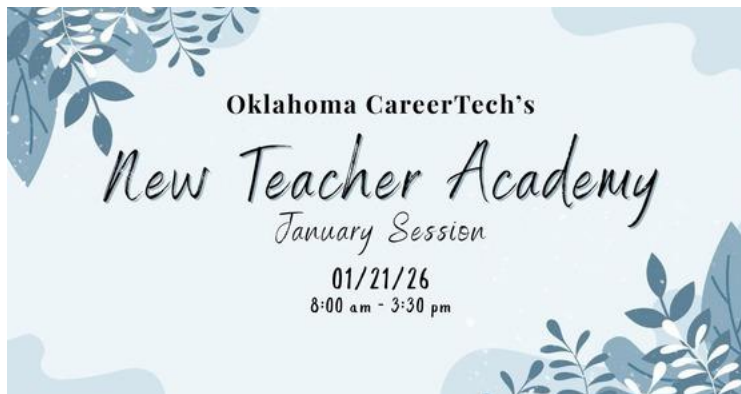
Upcoming Events



December 24th - January 2nd

The Oklahoma CareerTech Agency will be closed. We will reopen on January 5th.
See you in the New Year!

Register for the Final Session of the 2025–2026 FCS New Teacher Academy – Join Us!



The third and final session of our New Teacher Academy registration is now live.

Come celebrate your growth and success at the **final session of the 2025–2026 Family and Consumer Sciences New Teacher Academy!** This in-person event brings together new FCS educators from across Oklahoma for a day of reflection, celebration, and hands-on learning.

When & Where

- Jan 21, 2026
- 8:00 am - 3:30 pm
- Oklahoma CareerTech, 1500 W. 7th Ave, Stillwater, 74074

What to Expect

- **Inspiring Keynote:** Oklahoma Teacher of the Year, Melissa Evon
- **Engaging Presentation:** Learn from Jenna Wertz with RealityWorks
- **Program Updates:** the latest FCCLA announcements and important CareerTech reporting guidance
- **Professional Development:** Guided curriculum planning session
- **Hands-On Experience:** Sharpen your culinary knife skills

**This is a required event for ALL new teachers.*

Register Today

Cash prizes for 1st, 2nd, and 3rd place!



2026 AITC Pizza Challenge

The Pizza Challenge allows your students to develop their own pizza recipe, identify their target audience, create marketing materials for their specific pizza, and learn about the agricultural industry in Oklahoma. This cross-curricular experience will reinforce core academic concepts in math, science, and ELA, while exposing students to career opportunities in our food system.

PIZZA CHALLENGE!

Pizza is a favorite food of so many Oklahomans because it is so versatile and everyone finds the pizza perfect for them. Pizza for breakfast, lunch, or dinner! It's always a hit. Pizza also highlights so many of Oklahoma's agricultural products. Whether your favorite pizza is cheese, pepperoni, hamburger, or an all veggie pizza, all of those ingredients are grown or raised right here in Oklahoma, starting with the wheat to make the crust. The Pizza Challenge allows your students to develop their own pizza recipe, identify their target audience, create marketing materials for their specific pizza, and learn about the agricultural industry in Oklahoma. This cross-curricular experience will reinforce core academic concepts in math, science, and ELA, while exposing students to career opportunities in our food system.

PHOTOS: Encouraged, but not required, are photos of your students actively participating in the Pizza Challenge. **Submitted photos should only include students whose images are allowed to be shared or used in promotional materials.*

Pizza Challenge submissions should be uploaded no later than 11:59 PM on Wednesday, **December 31, 2025.**

Awards

- 1st place \$300
- 2nd place \$150
- 3rd place \$75

Contest Information



Next Report Due - Jan 31st

Family & Consumer Sciences Reporting Deadlines	
CTIMS REPORT:	DUE DATE:
Salary & Teaching Report	9/30/25
CESI Report initial submission	10/31/25
CESI - Follow Up Report	11/30/25
CESI - Additional Students	01/31/26
CESI - Final Reports	05/31/26

Student Resources

FCCLA: 2026 National Leadership Conference Scholarship



The 2026 FCCLA National Leadership Conference Scholarship offers \$2,750 in attendance assistance to nationally affiliated FCCLA student members in grades 6–11 who have not previously attended NLC. The need-based scholarship supports students attending the conference in Washington, DC and requires applicants to demonstrate financial need, leadership, community involvement, and FCCLA participation. Applications are due February 20, 2026, with recipients announced in late April 2026.

Applications DUE: February 20, 2026

[Learn More Here](#)

[Apply Here](#)

ACTE & NASA Launch the 2025–26 Student Video Challenge: Gateway to the Cosmos

ACTE and NASA HUNCH are teaming up once again for the **8th Annual Student Video Challenge**, inviting students nationwide to explore **Career and Technical Education (CTE)** through the exciting world of **space exploration** and **project-based learning**.

This year's theme, "**Gateway to the Cosmos — NASA's Lunar Outpost**," challenges students to imagine how NASA's Gateway missions will advance life on Earth and beyond — while showcasing the CTE skills and careers that make these innovations possible.

As ACTE approaches its **100-year anniversary in 2026**, this milestone challenge celebrates a century of CTE excellence and looks ahead to the next era of discovery and innovation.

The contest is open to

- **students of all ages** — elementary through postsecondary — whether in school or homeschooled.
- Entries may be submitted individually or as teams (one video per student per year).

- Entries may be submitted individually or as teams (one video per student per year).

Learn more and enter today to share how CTE can take us to the stars!

Interested in sponsoring? Contact **Julia Kendrick (ACTE)** or **Loy W. Trevino (NASA HUNCH)** to learn about scholarship opportunities for winning students.

[Learn More Here](#)

Professional Development

FCCLA

FCCLA State STAR Events Schedule Posted

The State STAR Events schedule is now posted on the Oklahoma FCCLA website. This schedule will let you know which event is taking place on March 25 or 26 and if it is in the morning or afternoon. If you do not have competitors competing at State STAR events, you do not attend. Competitors only need to be there for the registration of their event session. Example - if your competitor isn't competing until the afternoon session, they'll need to arrive for the afternoon session and not the morning.

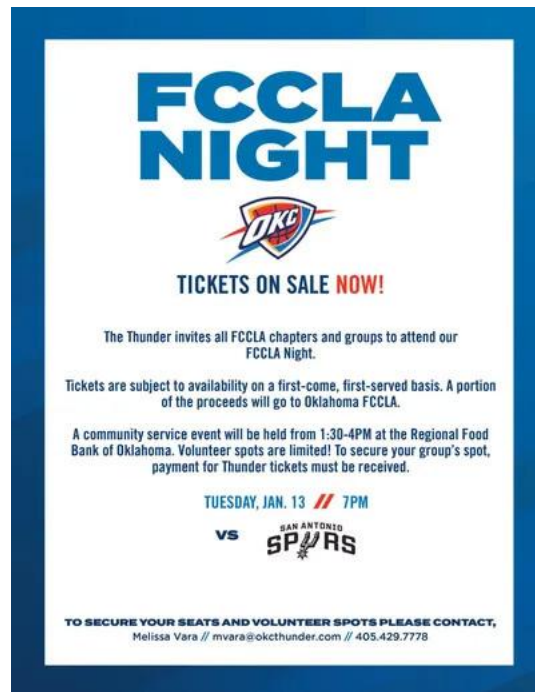
REMEMBER TO SCROLL DOWN

[Find Schedule Here](#)

Region STAR Event Registration live - Deadline January 10, 2026

Registration for Region STAR Events is now live. You must register your students that qualify from District in order to compete. Chapter will be blocked from registering if they have an outstanding balance from any Fall 2025 event excluding Get SET Conference. January 10 is a firm deadline - no registrations will be added after this date.

[Register Now](#)



TO SECURE YOUR SEATS AND VOLUNTEER SPOTS PLEASE CONTACT,
Melissa Vara // mvara@okcthunder.com // 405.429.7778

Registering Split-Level Teams for Region STAR Events

If you are registering a team that has students in different levels, such as a level 2 and level 3 student, you must email brittani.phillips@careertech.ok.gov in order to get the team registered. You will see a message beside the event on the registration site that says, "If you are trying to register teams with students in different levels, such as a Level 1 student with a Level 3 student, please email with the event name, names of students, and your region/district to brittani.phillips@careertech.ok.gov"

If you do not follow this process, the system does not catch this and enters them as separate competitors. If this happens and you have not emailed to correct, accommodations **will not** be made on Region STAR Event Day.

[Email Brittani Phillips](#)

Parliamentary Procedure Testing Window January 20-23, 2026

Teams participating in the Parliamentary Procedure Event must take the Parli Test during the Oklahoma FCCLA testing window. This window is January 20-23, 2026. **Make plans now to secure a testing location and proctor, as all competitors from one school must test at the same time.** There will be no exceptions/extensions granted for this testing window, so do not plan to test at the last minute.

[Find Study Guide Here](#)

2026 Oklahoma State STAR Events Culinary Arts & Baking and Pastry Menus



For **occupational programs only**, registration for **Culinary Arts** and **Baking & Pastry** closes **February 24, 2026**. The competition will take place at Francis Tuttle, Rockwell Campus, on **March 4, 2026**.

[Culinary Arts Menu](#)

[Baking & Pastry Menu](#)

NO STAR Event Online Orientation for 2025-2026

In September, national FCCLA made the decision to remove the STAR Event Orientation point from the event point summary forms. To be consistent and align with National FCCLA, Oklahoma FCCLA is not requiring online orientation forms. For the Oklahoma Events, this is still listed on the point summary form; each student will automatically receive their point for this. Point Summary Forms will be updated for the 2026-2027 school year.

An orientation video for students and evaluators will be available on the state website and strongly encouraged for all participants to view.

2025-2026 Competitive Events Guidelines

The STAR Events Guidelines are now available in the FCCLA Portal. To access them, go to: www.fcclainc.org

> **Resources > Competitive Events > 2025-2026 STAR Events.** Within the STAR Events section, you'll find a folder for each event containing its specific guidelines, rubrics, and resources.

[STAR Event Guidelines](#)

FCS in the NEWS!



Congratulations to Mrs. Faulkenberry's FCCLA chapter at Marietta High School for winning the MPACT Fund Raising 2025 Holiday Giveaway.

Stay tuned for the next giveaway, which will be announced after next year's calendar is released. Mr. Prater said they might do another one before the holiday season next time.

FCS Resources

December Lesson Plan Challenge: “Threads of Tradition”



The holiday season is a time rich with **family traditions**, **seasonal celebrations**, and **creative expression**. For this month's challenge, we invite you to share lesson plans that **celebrate heritage, culture, and the artistry behind family traditions**—all while connecting to the **Fashion and Interior Design** pathways.

This theme encourages students to explore how **design and tradition** come together to create meaningful spaces, garments, and decor that reflect personal and cultural stories.

Program Connections:

- FCS Basics
- Interior Design 1, 2, & 3
- Fashion Design 1, 2, & 3
- Interior Design Fundamentals
- Housing & Furnishings
- Fashion, Textiles and Apparel
- Apparel Design and Production 1
- Fashion Design Studio
- Fashion Construction & Fashion Design

Lesson Plan Ideas:

- **“Tradition in Textiles”** – Students research and design a textile or apparel piece inspired by their family or cultural holiday traditions.
- **“Deck the Halls with Design”** – Interior Design students create festive room layouts or decor boards that reflect seasonal celebrations and family gatherings.
- **“Table Traditions”** – Explore tablescapes, place settings, or seasonal decor tied to family holiday meals.
- **“Heritage in Fashion”** – Students analyze traditional garments from different cultures and reinterpret them with modern design elements.
- **“Story Through Space”** – Students design an interior space that reflects a cherished family tradition or cultural celebration.

- **“Sewing Stories”** – Fashion students construct a simple garment, accessory, or decor item (e.g., stockings, tree skirts, embroidered napkins) that honors a personal or cultural holiday.

How to Participate:

- Submit your **ready-to-use lesson plan**—no need to reinvent the wheel!
- Lessons can be focused on **cultural celebrations, family rituals, or holiday-inspired design projects**.
- Your contribution will help build a **seasonal design resource library** for FCS educators across Oklahoma.

[Submit Here](#)

Calling ALL FCS Students, Educators, and Professionals!



NATIONAL PARTNERSHIP for
Recruiting, Preparing, and Supporting FCS Educators

CONTEST

Video PSA and Poster Contest Open to ALL FCS students, educators, and professionals!

THEME: “FCS IS THE ANSWER - SHARE IT”



- 1** Read the contest rules and requirements posted at www.fcsed.net.
- 2** Work individually or with a team to create, edit, and produce a 30-second PSA video or digital poster on the topic - “FCS is the ANSWER - SHARE IT!”
- 3** Submit video or poster by the deadline!

Top Prizes:

1st Prize: \$500
2nd Prize: \$250
3rd Prize: \$100

Top prizes are awarded to the top 3 entries in each category!

DEADLINE:
DECEMBER 31, 2025

Sponsored by:



Family and consumer sciences (FCS) programs are found across the U.S. in middle school, secondary and post-secondary education, and within the Cooperative Extension system. These FCS programs provide access and education to youth and adults in topics like personal development, career preparation skills, nutrition and wellness, healthy food preparation, child and family development, environmental design, consumer decision making, and personal finance. Promoting the value and visibility of these programs is critical to their continued success! Additionally, programs across the country have identified a shortage of qualified educators to lead these programs.

To promote the value of Family and Consumer Sciences programs and to address the critical need for FCS educators, the National Partnership to Recruit, Prepare, and Support FCS Educators, facilitated by the Family and Consumer Sciences Education Association (FCSEA), is hosting a **Public Service Announcement (PSA)** and **Digital Poster** contest.

The purpose of the contest is to create an original video or digital poster to deliver information about the impact of family and consumer sciences education for individuals, schools and/or communities. The contest is open to FCS students (middle, secondary, post-secondary or graduate level) and FCS professionals.

[Find More Info Here](#)

Looking ahead to January 2026





[Manage Subscriptions](#) | [Unsubscribe All](#) | [Help](#)



oklahoma.gov/careertech | 405.377.2000

This email was sent to Email Address using GovDelivery Communications Cloud on behalf of: OKCareerTech · Oklahoma Department of Career and Technology Education · 1500 West 7th Ave. · Stillwater, Oklahoma 74074-4398 · (800) 522-5810



From: OKCareerTech <OKCareerTech@public.govdelivery.com>

Subject: FCS/FCCLA Weekly Newsletter - Dec 16th

Enjoy your break! See you next year.

Logo of Oklahoma CareerTech FCS - Family and Consumer Sciences; FCCLA - Family, Career and Community Leaders of America

*Contact Us [https://oklahoma.gov/careertech/educators/family-and-consumer-sciences-education/staff-contacts.html?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=]

*

Dec 16, 2025

- * Upcoming Events [[#link_2](#)]
- * Student Resources [[#link_1](#)]
- * FCCLA [[#link_4](#)]
- * FCS in the NEWS! [[#link_5](#)]
- * FCS Resources [[#link_6](#)]

Upcoming Events

Merry Christmas

December 24th - January 2nd

The Oklahoma CareerTech Agency will be closed. We will reopen on January 5th.

See you in the New Year!