



# OKLAHOMA CareerTech

**FCS** Family and Consumer Sciences  
FCCLA - Family, Career and Community Leaders of America

**Contact Us**

May 5, 2026

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## Upcoming Events

### Interested in Presenting in the 2026 Curriculum Showcase?

Do you have a fun and interactive lesson you would like to share with others? If so, you can fill out the form below to share your lesson with other teachers at Oklahoma Summit in August. The winner gets \$700 to attend ACE Vision in December. You can also get \$50 for supplies to teach the lesson.

[Submit Presentation Here](#)

[Learn More About OkACTE Here](#)

**nourishing neighbors**  
Explore.Act.Tell.®  
Powered by Students

FREE lessons, resources and project planning tools for grades 6-12.

- EXPLORE a topic
- ACT on solutions by implementing a project
- TELL your story and submit a short video
- Win grants for your charity or school

GET STARTED TODAY!  
[ExploreActTell.org/registration](https://ExploreActTell.org/registration)

FOUNDATION FOR IMPACT ON LITERACY AND LEARNING 20 Albertsons Foundation

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The Foundation for Impact on Literacy and Learning (FILL) works with educators on kicking off projects and assisting them with ideas and planning with their students. Explore Act Tell Program and Student Challenge is fully funded by Albertson's Nourishing Neighbors Foundation and FREE to all educators and students - and is designed for students to work on projects on fighting hunger and food insecurity in their own community. Here are a few details:

- Grades 6-12 in a classroom or club environment
- Consists of a kick-off Leadership Lesson and then four interactive lessons with student and teacher lesson plans
- Students will practice the skills needed to become good citizens and advocate for community involvement and service
- Enter projects into the competition for a chance to win up to a \$5,000 grant for a hunger-focused charity of choice.

Questions: Questions?-- [Madeleine@exploreacttell.org](mailto:Madeleine@exploreacttell.org)  
Explore.Act.Tell. is fully funded by the Albertsons Foundation

[Register Here](#)

[register here](#)

## May Workshops - Register Today!



YOU COULD BE  
THE HELP  
SOMEONE  
NEEDS.

**TUESDAY  
MAY 19, 2026  
8:30 A.M.-4 P.M.**

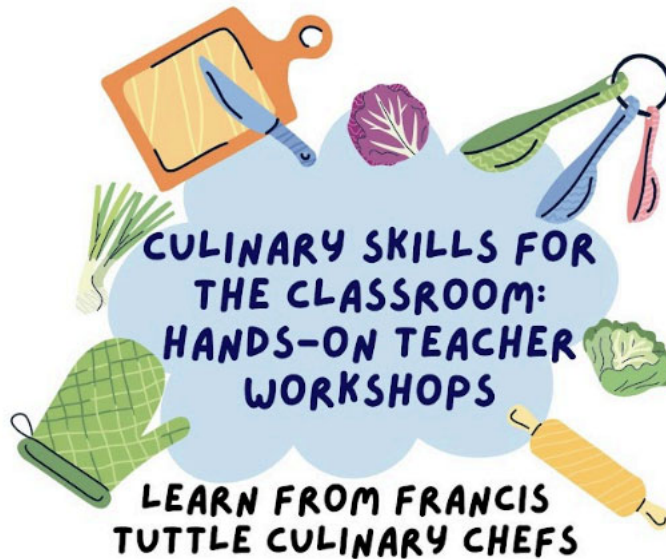
*Click image for full details*

Location: Oklahoma CareerTech  
When: Tuesday, May 19th  
Time: 8:30am - 4:00pm  
Cost: \$30

### Strengthen Your Teaching

Apologizes for any confusion from last week's Newsletter.  
The correct date is May 19th, not May 10th.

[Register Here](#)



*Click image for full details*

Location: Francis Tuttle Rockwell Campus  
When: Tuesday, May 28th  
Time: 9:00am - 3:00pm  
Cost: \$50

**Workshops include:** Sourdough, Chocolate, Cheese, Chicken Fabrication, and Pasta

[Register Here](#)

**HUMAN DEVELOPMENT AND FAMILY SCIENCE**

Option: Family And Consumer Sciences Education

## OSU Fall FCSE Courses Being Offered

- HDFS 3603 Family and Consumer Sciences Classroom Management and Educational Foundations

- HDFS 4913 Instructional Methods in Family and Consumer Sciences

Need more information? Contact Dr. Paula Tripp, FCSE Coordinator at

[paula.j.tripp@okstate.edu](mailto:paula.j.tripp@okstate.edu)



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## JOIN THE TEACHER MENTOR PROGRAM!

Help New Teachers Thrive.

Your experience matters — and it can make all the difference.

We're looking for passionate educators ready to:

- ✓ Support and guide new teachers
- ✓ Share strategies and wisdom
- ✓ Build a stronger school community

Be the teacher you once needed.

Apply at the link below by June 1st.

[Mentor Application](#)

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## Shop OkACTE PAC Shirts - Pre-Order Today!



We are excited to announce the OkACTE PAC T-shirt Fundraiser and invite supporters of Oklahoma CareerTech to participate in this limited pre-order opportunity.

These limited-edition shirts are available with a \$30 contribution to the OkACTE PAC. Contributions must be made by May 29, 2026.

Pick up at the OkACTE PAC Booth during OK SUMMIT.

[Pre-Order Here](#)

## Here's what's happening this month



2026  
**May**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 SLS Registration DEADLINE	2
3	4 N 5-PI NE 3-PI S 5-PI SE 2-PI	5 N 2-PI NE 2-PI S 4-PI SE 1-PI	6 N 4-PI S 3-PI SE 3-PI	7 Champ Camp Registration DEADLINE	8	9
10	11	12	13 Champ Camp NLC Qualifiers ONLY Department of CareerTech	14	15	16
17	18	19 Mental Health First Aid May Workshop	20	21	22	23
24 Final Report DUE	25 CSIS Final Report DUE MAY DAY Agency Closed	26	27 FCCLA	28 Culinary May Workshop CareerTech University (CTU Camp) SEC Only	29 FCCLA	30

## FCCLA

### District Officer voting

The voting window will close at 5:00PM May 6, 2026. To view the candidate resumes and videos, please visit: <https://oklahomafccla.org/district-officers>  
This will help you start achieving points for Chapter of Excellence 2027!

[Vote Here](#)

## State Convention Photo are in!

Please use this link to access photos from State Convention.

[View Photos Here](#)

## ULTIMATE LEADERSHIP CAMP - REGISTRATION NOW OPEN!





New name... SAME unforgettable leadership experience

Oklahoma FCCLA Alumni & Associates are thrilled to host the Ultimate Leadership Camp (ULC) — where leaders are made, friendships are built, and legacies begin

📍 Oak Ridge Camp | Anadarko, OK

📅 June 16–18

Formerly known as Summer Leadership Summit, we're taking it to the next level and truly putting the CAMP in Ultimate Leadership Camp

Think s'mores, connections, leadership growth, and memories you'll never forget

🌟 ULC is where you find your people

🌟 ULC is where you grow your voice

🌟 ULC is where your leadership story begins

🕒 **Registration deadline: May 15**

Grab your friends, pack your bags, and get ready for the best few days of your summer

[Details & Registration](#)

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## State STAR Event Certificate

Use this editable template for your State STAR Event competitors. You do need a Canva account in order to edit this template. <https://canva.link/95rnjy2dwp206pu>

[Canva Template](#)

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## State STAR Event Rubrics – View & Download by July 1

Oklahoma-specific STAR Events (Cake Decorating, Children's Literature, Creed Speaking, Culinary Grill, Meat ID, Work Ready, New Member Facts), along with Baking & Pastry, Culinary Arts, and Parliamentary Procedure, used **paper rubrics**, which will be returned at your Spring PI Meeting.

All other events were digitally scored and are available online.

🔗 [View Results and Download Rubrics](#)

→ Click "Results" on the left side of the page

→ Click "View PDF" for a snapshot of your chapter

→ Click "Download" for each rubric

🔒 Use the same **User ID and Password** you used to register for STAR Events/National Portal.

🕒 **Rubrics will be deleted on July 1, 2026.** Please download and save now—once deleted, they cannot be recovered!

🌟 Some events only had two evaluators. You may only see E1, E2, and RC rubrics for events with two judges.

[View Results & Download Rubrics](#)

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## 🏆 STAR Event Trophies – Thank Your Donors!

Some STAR Event trophies from State Convention have **donor information on the bottom**. Please check for a sticker and **send a thank you card ASAP** if one is present. We truly do get calls and emails from donors when they do (or don't) receive thank you cards—and your thank you means a lot! Their generosity helps us keep costs down for everyone.

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## FCS in the NEWS!



## Share what's happening in your school

Want to brag about your students??? Share exciting news with your program specialist so we can share the exciting news with FCS leaders across the state. We want to hear how they are impacting their schools and community.

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## Nowata's Educator of the Year - Jason Sutton



"Nowata Educator of the Year: Jason Sutton, presented by Ella Carter.

Jason Sutton began his educational career at Nowata Elementary before graduating from Bartlesville High School.

Before entering the classroom, Sutton worked as a social worker for the Oklahoma Department of Human Services, then later as a caseworker with Grand Lake Mental Health, serving in the children's unit for Craig and Nowata counties.

In 2017, he was recruited by Bud Sexson, his former middle school counselor, to join the Nowata

Schools as the elementary and middle school counselor.

After taking a brief hiatus to establish Cactus Hill Flower Co., he returned to Nowata Schools to revive the Family and Consumer Sciences program (FACS) after Patty Gregston's retirement. He is in his fifth year in this program, helping to align it with state standards and securing funding through Oklahoma CareerTech. The program now includes high school classes, allowing students to pursue career pathways and options for alternative science or math credits.

"This career has been the most rewarding of my life," Sutton said. "I am passionate about helping students develop life skills, confidence, and a sense of purpose. I am grateful to be part of Nowata Schools and look forward to continuing to serve this community for years to come."

Sutton and his husband, Josh, have four children: Taylor, 21, Nyah, 17, Tony, 15, and Lincoln, 8, all who attend or have graduated from Nowata Schools." - Nowata Area Chamber of Commerce Facebook page

[Find Post Here](#)

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## Tulsa Tech Fashion Design Students visit to the OK Cancer Specialists & Research Institute



Creativity meets compassion 🌸

Foundations of Fashion and Apparel Design students recently visited the Oklahoma Cancer Specialists & Research Institute, where they spent time with patients teaching them how to create beautiful flower pins. ✂️

More than just a craft, it was a chance to connect, share smiles and brighten someone's day, one handmade piece at a time. 💛 - Tulsa Tech Facebook Page

[Find Post Here](#)

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## FCS Resources

### Next Report Due - May 31

Family & Consumer Sciences Reporting Deadlines	
CTIMS REPORT:	DUE DATE:
<del>Salary &amp; Teaching Report</del>	<del>9/30/25</del>
<del>CESI Report Initial submission</del>	<del>10/31/25</del>
<del>CESI - Follow Up Report</del>	<del>11/30/25</del>
<del>CESI - Additional Students</del>	<del>01/31/26</del>
CESI - Final Reports	05/31/26

## A look at ahead...



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[oklahoma.gov/careertech](https://oklahoma.gov/careertech) | 405.377.2000

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From: OKCareerTech <OKCareerTech@public.govdelivery.com>

Subject: FCS/FCCLA Weekly Newsletter - May 5, 2026

Don't forget to sign up for May Workshops!

Logo of Oklahoma CareerTech FCS - Family and Consumer Sciences; FCCLA - Family, Career and Community Leaders of America

\*Contact Us [ [https://oklahoma.gov/careertech/educators/family-and-consumer-sciences-education/staff-contacts.html?utm\\_content=&utm\\_medium=email&utm\\_name=&utm\\_source=govdelivery&utm\\_term=](https://oklahoma.gov/careertech/educators/family-and-consumer-sciences-education/staff-contacts.html?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=) ]  
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\*May 5, 2026 \*

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