

Pre-Launch Lesson Plan

GRADE 5, PLANET I | IMAGINARY INTERNSHIP

Objectives

- Students can name and describe six ways to learn more about occupations that interest them: job shadowing, internships, informational interviews, volunteering and service learning, taking leadership roles, and library and online research.
- Students reflect on and begin to express their own work-related interests and preferences and how that might affect their career choices.

Preparation & Materials Needed

- Copies of the *Imaginary Internship* worksheet for each student.
- Chalkboard/whiteboard and markers.

Lesson Plan

Total Time: 16-21 minutes

INTRODUCTION

5-7 Minutes

Begin by explaining to students that people on Planet I, the next Galaxy planet they will be visiting, enjoy working in occupations that involve researching, diagnosing problems and analyzing trends. Ask students if they can remember what Planet I stands for and what types of occupations are associated with workers on Planet I (Investigative; they are mathematicians, economists, engineers, meteorologists, veterinarians, chemists, dentists, etc.).

Ask the class if anyone has ever visited their parents or another adult at the place that they work? Discuss:

- *Who was the adult?*
- *What work were they doing?*
- *Were they working in an investigative career?*
- *How long were you there?*
- *Did you just observe or did they involve you in their work?*

Engage students in describing the experience and whether it was more observational in nature or if they were allowed to participate in some of the work being done. Ask students which they enjoyed (or might enjoy) more — observing or being actively involved.



INTRODUCTION**(continued)****5-7 Minutes**

Share that many people learn by doing. Explain that observing someone at work can be instructive but deeper learning can occur when someone is actively involved in the work.

Write the words “hands-on” on the chalkboard/whiteboard or chart paper. Ask if students know what the term means. Explain that ‘hands-on’ activities are those that allow individuals to try out something or experience a work activity without actually being employed.

Provide examples for students:

- If you were observing a veterinarian, a hands-on activity might be listening to a cat’s heart beat or putting on a bandage.
- If you were observing a mathematician, a hands-on activity might be completing a sample math calculation or filling in part of a spreadsheet.
- If you were observing an economist, a hands-on activity might be to try to interpret a graph or chart.

Explain that the class will be learning more about a particular hands-on experience called internships during their Planet I visit. Share that internships offer a chance for students to visit someone at work and experience part of what they do day to day.

ACTIVITY**10-15 Minutes**

Tell the class that before their Planet I visit, they will be participating in an imaginary internship in the classroom.

Distribute a copy of the *Imaginary Internship* worksheet to each student. Ask students to think of one career they might be interested in and to write the name of that career in the first box.

When all students have done this, ask the class to imagine that they are visiting someone who is in the career that they listed. Then, ask students to list what they would like to *observe* (or see) being done and what ‘hands on’ experiences they would like to *try* in order to learn more about that career. If needed, re-read the examples provided earlier.

When students are finished, ask the class to share their selected career and what they would like to see and do to learn more about that occupation.

CONCLUSION**1-2 Minutes**

Tell students that they are well-prepared for their visit to Planet I to learn more about investigative careers and internships.

5I ACTIVITY | IMAGINARY INTERNSHIP

My Name: _____

List below the name of one **career** or **occupation** in which you are interested. Then, imagine you are participating in an internship with a person employed in that career.

In the boxes below, write a sentence or two about what you would like to **observe** about the career and what you would like to **try** out or experience during your imaginary internship.

I would like to observe ...

I would like to try ...