



The Mindful Rainstick

OK Summit 2026

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Building Community

Better Conversations



CTE Career Cluster Connections

****Caring for Communities - Healthcare & Human Services**

****Creating & Experimenting -**

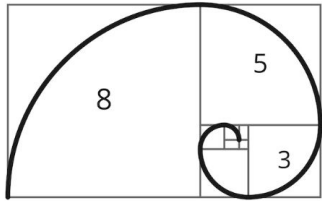
:Arts, Entertainment & Design

:Hospitality, Events & Tourism

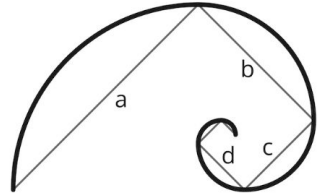
****Building & Moving - Construction**



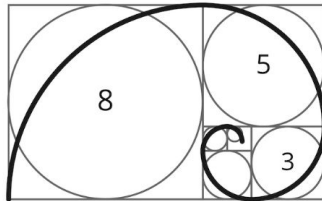
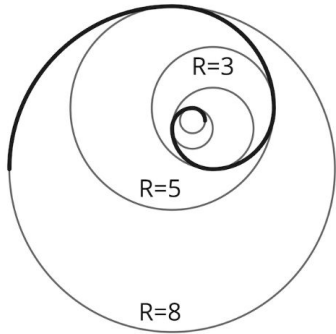
Fibonacci spiral



Fibonacci:
1, 1, 2, 3, 5, 8, 13, 21, ...



$$\frac{a+b}{a} \approx \frac{b+c}{b} \approx \frac{c+d}{c} \approx 1,618$$



SECTIO AUREA
Gold section proportion



Legumes



Making Connections

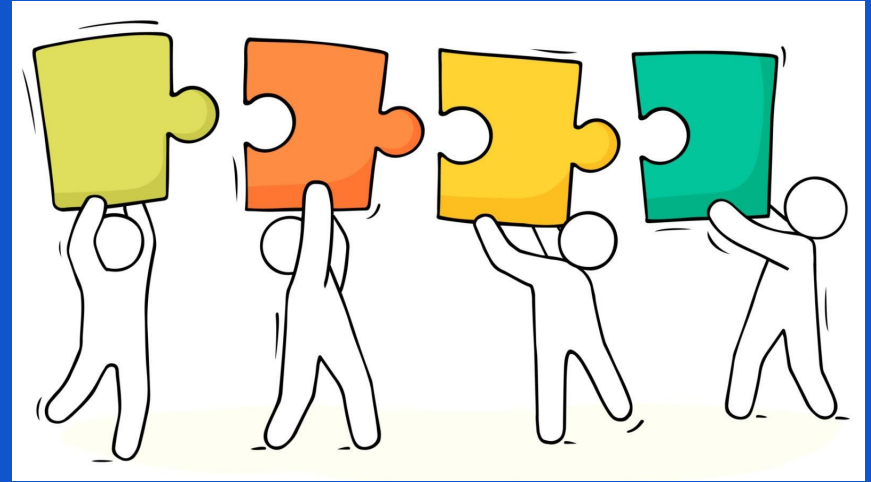
Mental Wellness & Health

Music (Acoustics)

Art & Design

Recycling & Sustainability

Cultural Connections



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