

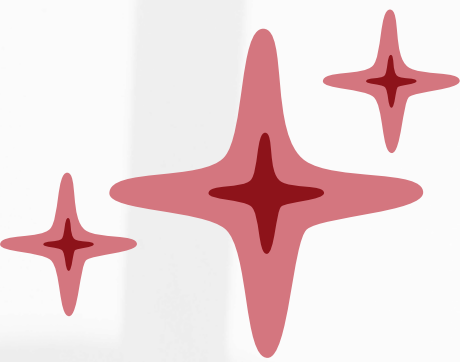


STAR Events

PRESENTATION



What are STAR events?



STAR: Students Taking Action with Recognition

“
Competitive events where
students apply skills from FCS
classes
”

“
Compete at district, region,
state, and national levels
”

“
Build leadership, teamwork, and
career readiness
”

Who competes at which level?

Level 1 – Members in Grade 8

**Level 2 – Members in Grades 9th
& 10th**

**Level 3 – Members in Grades 11th
& 12th**

District

2026-2027 District Events



*Oklahoma Events **DO NOT**
advance to National Competition



*Cake Decorating (Individual)	Career Investigation (Individual)	*Children's Literature (Individual)
Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4
*Creed Speaking & Interpretation (Individual, New Members Only)	Job Interview (Individual)	
Level 1 Level 2	Level 1 Level 2 Level 3 Level 4	
*New Member Facts (Individual, New Members Only)	Professional Presentation (Individual OR Team)	Repurpose & Redesign (Individual OR Team)
Level 1 Level 2	Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4

All 1st place winners will automatically advance to Region
2nd & 3rd place winners with a **score 80 or above** will advance to Region

District

Oklahoma Events

Creed Speaking- First Year Members Only, Levels 1 & 2

Individual event

Recite FCCLA Creed and answer questions related to the Creed

Cake Decorating- Level 1, 2, 3

Individuals are evaluated on cake decorating techniques and skills

Theme 26/27: Route 66 Where Every Stop Has a Story.

These events will not advance to Nationals

District Oklahoma Events

Children's Literature Level 1-3

- Individual Competition
- Create a digital children's book

Theme 26/27: Get Your Kicks on Route 66

New Members Facts- New Members Only

- Individual event
- Written Test based on FCCLA facts and information

These events will not advance to Nationals

District

National Events

Career Investigation Levels 1-3

- Individual event
- Perform self-assessments, research and explore a career, set career goals, create a plan for achieving goals and connect future career to FCS coursework.
- Includes a portfolio and an oral presentation limited to 10 minutes

District

National Events

Job Interview Levels 1-3

- Three from each level will advance to Nationals (an 80 or above)
- Individual event
- Participants use Family and Consumer Sciences and/or related occupations skills to develop a portfolio, participate in an interview, and communicate a personal understanding of job requirements.
- Presentation includes a portfolio, completion of a job application and an interview limited to 20 minutes.

District

National Events

Professional Presentation Levels 1-3

- Team Events (1-3 participants)
- Recognizes participants who make an oral presentation about issues concerning FCS and/or related occupations
- Presentation includes a file folder, visuals and oral presentation no longer than 10 minutes.
- Participants use Family and Consumer Sciences and/or related occupations skills to develop a portfolio, participate in an interview, and communicate a personal understanding of job requirements.
- Presentation includes a portfolio, completion of a job application and an interview limited to 20 minutes.



District

National Events

Repurpose and Redesign Levels 1-3

Team Event (1-3 participants)

- Participants select a used fashion or home apparel item to recycle into a new product
- Presentation includes a display and oral presentation not to exceed 5 minutes.

Region

2026-2027 Region Events



*Oklahoma Events **DO NOT** advance to National Competition

All qualifiers from Districts advance to Regionals & will compete again to qualify to advance to State.



Focus on Children (Individual OR Team)	Interpersonal Communications (Individual OR Team)	Nutrition & Wellness (Individual OR Team) (EVEN Years)	Parliamentary Procedure (Team)
Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4 Not Offered in 2026-2027	Level 1 Level 2 Level 3 Level 4
Promote & Publicize (Individual OR Team)	Sports Nutrition (Individual OR Team) (ODD Years)	Say Yes to FCS (Individual)	Teach OR Train (Individual)
Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4
*WR - Child Care Teacher Aide (Individual)	*WR - Interview Skills (Individual)	*WR - Table Setting (Individual)	
Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4	

February 17th
SE Expo Center, McAlester

All 1st place winners will automatically advance to State
2nd & 3rd place winners with a **score 80 or above** will advance to State

Region

National Events

Focus on Children Levels 1-3

- Team Event (1-3 participants)
- Participants use FCS skills to plan and conduct a child development project that has a positive impact on children and the community.
- Presentation includes a display and oral presentation no longer than 10 minutes.

Region

National Events

Interpersonal Communications Levels 1-4

- Team Event (1-3 participants)
- Participants use Family and Consumer Science and/or related occupation skills to apply communication techniques to develop a project designed to strengthen communication in a chosen area: community, employment, relationships, family, peer groups, or school groups.
- Presentation includes a file folder, 5 minute oral presentation and additional oral response to a case study up to 5 minutes.

Region

National Events

Parliamentary Procedure Levels 1-4

- Team Event 4-8 participants
- Participants develop a working knowledge of parliamentary law and demonstrate the ability to conduct an FCCLA business meeting.
- Event includes a Parliamentary Procedure Knowledge Test, meeting demonstration, and preparing meeting minutes. Meeting may be up to 20 minutes in length

Region

National Events

Promote and Publicize FCCLA! Levels 1-4

- Team Event (1-3 participants)
- Recognizes participants who use communication skills and techniques to educate their schools and communities about FCCLA with the intention of growing chapters and strengthening FCS and FCCLA programs
- Portfolio and up to a 10 minute oral presentation

Region

National Events

Sports Nutrition Levels 1-4

- Team Event (1-3 participants)
- Plan and develop an individualized nutritional plan to meet the needs of a competitive student athlete in a specific sport
- Prepare a file folder, visuals and an oral presentation no longer than 15 minutes in length including a demonstration of methods to be used by athletes to assist with nutrition management

Region

National Events

Say Yes to FCS Education Levels 2-4

- Individual event
- Participants demonstrate the knowledge and skills needed to explore and experience the career of being a FCS educator.
- Participants prepare a portfolio, conduct classroom observations, plan and execute a lesson, develop an FCCLA integration plan, and delivery and oral presentation up to 10 minutes in length.

Region

National Events

Teach and Train Levels 1-4

- Individual event
- Recognizes participants for their exploration of the education and training fields through hands-on experience
- Presentation includes a portfolio, an oral presentation up to 10 minutes and a shadowing experience.

Region Oklahoma Events

Work Ready Events – events created for students with IEP or 504 to demonstrate skills gained through FCS courses

Work Ready Child Care Teacher's Aide – Levels 1-4

- Demonstrate proper handwashing and diapering technique
- Answer questions about child development
- Individual competition

Work Ready – Job Interview – Levels 1-4

- Complete job application and go through mock interview
- Individual Competition
- **Work Ready – Table Setting – Levels 1-4**
- Demonstrate proper table setting techniques
- Individual Event

State

2026-2027 State Events



*Oklahoma Events **DO NOT** advance to National Competition



All qualifiers from Regionals advance to State, where they will compete again to determine state winners & National qualifiers.

March 24th-25th
Stillwater

Artificial Intelligence (AI) for Impact (Individual OR Team)	Baking & Pastry (Individual)	Chapter Service Project - Portfolio (Individual OR Team)	Culinary Arts (Individual)	*Culinary Grill (Individual)
Level 2 Level 3 Level 4	Level 3 Level 4 Tech Center or K12 Industry Cert. Only	Level 1 Level 2 Level 3 Level 4	Level 3 Level 4 Tech Center or K12 Industry Cert. Only	Level 2 Level 3 Level 4
Early Childhood (Individual)	Entrepreneurship (Individual OR Team)	Event Management (Individual OR Team)	Fashion Construction (Individual)	Fashion Design (Individual OR Team)
Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4	Level 2 Level 3 Level 4
Food Innovations (Individual OR Team)	Hospitality, Tourism & Recreation (Individual OR Team)	Interior Design (Individual OR Team)	Leadership (Individual)	*Meat Identification (Individual OR Team)
Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4
National Programs in Action (Team)	Personal Finance (Individual)	Public Policy Advocate (Individual OR Team)	Sustainability Challenge (Individual OR Team)	Teaching Strategies (Individual)
Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3	Level 1 Level 2 Level 3 Level 4	Level 1 Level 2 Level 3 Level 4	Level 2 Level 3 Level 4

National Events Only - 1st, 2nd & 3rd place winners will advance to Nationals with a **score 80 or above**

State

National Events

Artificial Intelligence (AI) for Impact- Levels 2-4

Individual or Team Event

More information to come....

State

National Events

Chapter Service Project Portfolio or Display- Levels 1-3

Individual or Team Event

Portfolio this year

- recognizes chapters that develop and implement an in-depth service project that makes a worthwhile contribution to families, schools, and communities. Students must use Family and Consumer Sciences content and skills to address and take action on a community need. Participants must prepare a portfolio and an oral presentation.

State

National Events

Early Childhood Education Level 2-4
Individual event

- Recognizes participants who demonstrate their ability to use knowledge and skills gained from their enrollment in an occupational early childhood program
- Participants prepare a portfolio, resource container and respond to a case study on site in an oral presentation not to exceed 10 minutes.

State

National Events

**Entrepreneurship Levels 1-4
Team Event (1-3 participants)**

- Develop a plan for a small business using FCS skills and sound business practices. The business must relate to FCS but does not actually have to be implemented.
- Presentation includes a portfolio, written business plan and oral presentation no longer than 20 minutes.

State

National Events

Event Management Levels 1-4

Team Event 1-3 participants

- Recognizes participants who apply skills used in Family and Consumer Sciences courses to plan an event for an educational institution, community or non-profit organization, business, or government institution
- Prepare a portfolio and make an oral presentation no longer than 10 minutes.

State

National Events

Fashion Construction Levels 1-4
Individual event

- Apply Fashion Construction skills learned in FCS courses to create a display using samples of their skills and construct a garment that includes at least eight fashion construction techniques
- Display, sample garment, oral presentation no longer than 5 minutes.

State

National Events

Fashion Design Levels 2-4 Team Event (1-3 participants)

- Apply fashion design skills learned in FCS courses to design and market clothing styles.
- Develop a clothing label, design a collection, and construct one collection sample using an original flat pattern designed by you.
- Portfolio, sample garment, and oral presentation no longer than 10 minutes.

State

National Events

Food Innovations Level 1-3 Individual or Team

- An individual or team event recognizes participants who demonstrate knowledge of the basic concepts of food product development by creating an original prototype formula, testing the product through focus groups and developing a marketing strategy. Participants will demonstrate their knowledge of food science, nutrition, food preparation safety and product marketing. Participants must prepare a display, suggested product packaging and an oral presentation.

State

National Events

Hospitality, Tourism, and Recreation Levels 1-3 Individual or Team (1-3 participants)

- Recognizes participants who demonstrate knowledge of the hospitality, tourism, and recreation industries and ability to translate their knowledge into hypothetical or real business.
- Relate project to culinary, lodging, recreation, tourism, or event coordination
- Portfolio, oral presentation no longer than 10 minutes, and a case study.

State

National Events

Interior Design Levels 1-4 Team Event (1-3 participants)

- Participants apply interior design skills learn in FCS courses to design interiors that meet the living space needs of clients;
- Presentation includes a file folder, visuals and up to 15 minute, and an oral presentation.

State

National Events

Leadership Levels 1-4 Individual event

- Participants actively evaluate and grow in their leadership potential. Participants investigate their leadership ability, assess leadership and employability skills, and develop and implement a plan to further their leadership development.
- Portfolio and oral presentation up to 10 minutes.

State

Oklahoma Events

Meat Identification Level 1-3 Individual and Team

an individual and team event,
recognizes participants enrolled in Family and
Consumer Sciences for their ability to take a test
and identify retail meat cuts, primary parts of the
animal and appropriate cooking methods.



State

National Events

Personal Finance Level 1-3 Individual

- An individual STAR Event that challenges students to apply Family and Consumer Sciences and financial literacy knowledge from EVERFI to real-life financial scenarios. Participants will set financial goals, create budgets, track spending, and adjust plans based on their experiences and insights gained from EVERFI's financial education digital lessons. This competition promotes financial well-being and empowers students to make informed financial decisions.

State

National Events

Public Policy Advocate Levels 1-3 **Individual or Team Event (1-3 participants)**

- Demonstrate knowledge, skills, and ability to actively identify a local, state, national or global concern, research the topic, identify a target audience and potential partnerships, form an action plan, and advocate for the issue in an effort to positively affect a policy or law.
- Prepare a portfolio and oral presentation no longer than 10 minutes.

State

National Events

Sustainability Challenge Levels 1-3 Individual or Team Event (1-3 participants)

- Research one of the five current topics, investigate areas where you can make a difference, develop and carry out a stewardship project for your home, school, or community, and educate others about the problems, effects, and solutions.
- Portfolio and oral presentation up to 10 minutes.

State

National Events

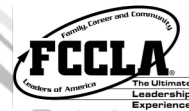
Teaching Strategies Level 2-3 Individual Event

- An individual event recognizing participant(s) who exhibit knowledge, expertise and competency in incorporating research-based teaching strategies into an original Lesson Plan Activity for any grade level and content area. Participant(s) must prepare a portfolio and a resource container to justify their teaching strategy selections through an in-person role-play where the participant acts as the teacher and the evaluator acts as the student.

Dress Code



FCCLA Planning Process



FCCLA Planning Process Worksheet



IDENTIFY CONCERNS



SET A GOAL



FORM A PLAN

- who
- what
- where
- when
- why
- how



ACT



FOLLOW UP

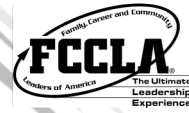
What could have gone better/what did you learn?

1. IDENTIFY CONCERNS

**BRAINSTORM TO CREATE A LIST OF CONCERNS
IN THE COMMUNITY OR SCHOOL.**

**THEN, CONSIDERING YOUR RESOURCES,
TIME FRAME AND ABILITIES, ZERO IN ON
ONE IDEA TO BUILD A PROJECT.**

FCCLA Planning Process



FCCLA Planning Process Worksheet



IDENTIFY CONCERNS



SET A GOAL



FORM A PLAN

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ACT



FOLLOW UP

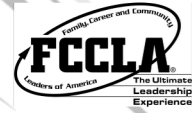
What could have gone better/what did you learn?

2. SET A GOAL

ESTABLISH A CLEAR GOAL OF WHAT NEEDS TO BE ACCOMPLISHED FOR THE CONCERN.

MAKE SURE IT IS SOMETHING THAT CAN BE ACHIEVED AND EVALUATED.

FCCLA Planning Process



FCCLA Planning Process Worksheet



IDENTIFY CONCERNS



SET A GOAL



FORM A PLAN

- who
- what
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ACT



FOLLOW UP

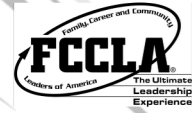
What could have gone better/what did you learn?

3. FORM A PLAN

DECIDE WHAT NEEDS TO BE DONE AND FIGURE OUT THE DETAILS.

ASK: WHO, COST, WHAT, RESOURCES, WHEN EVALUATION, WHERE, HOW?

FCCLA Planning Process



FCCLA Planning Process Worksheet



IDENTIFY CONCERNS



SET A GOAL



FORM A PLAN

- who
- what
- where
- when
- why
- how



ACT



FOLLOW UP

What could have gone better/what did you learn?

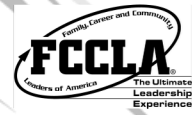
4. ACT

CARRY OUT THE PLAN.

LIST THE SPECIFIC DATES AND ACTIONS THAT OCCUR ALONG THE WAY.

KEEP GOOD NOTES AS THE PROJECT PLAN UNFOLDS.

FCCLA Planning Process



FCCLA Planning Process Worksheet



IDENTIFY CONCERNS



SET A GOAL



FORM A PLAN

- who
- what
- where
- when
- why
- how



ACT



FOLLOW UP

What could have gone better/what did you learn?

5. FOLLOW UP (EVALUATE)

LOOK BACK ON WHAT WAS DONE

MAKE A LIST OF THINGS THAT WORKED AND WHAT DID NOT WORK

WHAT IMPROVEMENTS NEED TO BE MADE FOR THE NEXT TIME, AND WHAT SHOULD BE DONE DIFFERENTLY.

RECOGNIZE THE MEMBERS