

# Fresh New Leadership Activities

For more ideas, go to [www.PersonalLeadershipInsight.org](http://www.PersonalLeadershipInsight.org) or just email me at [rhett@yournextspeaker.com](mailto:rhett@yournextspeaker.com).

**This is a list of 10 of my newest leadership activities. The name and brief instructions are listed, as well as a lesson you can make from each. Please call or email if you have any questions/comments. Thanks and good luck!**

- 1. Team Round of Applause** - We must have our eyes open to things that really matter. First round everyone claps with the two people beside them with their eyes open, as you count to ten. Second round, same thing only their eyes are closed.
- 2. I Will/Because** - Exercise for cultivating commitment. After a lesson where the students learn to act a certain way, have each complete a sentence with two parts: I will and Because. Example: I will listen actively to others because a leader is purposeful about giving time and attention to others.
- 3. Express Yourself** - Learning to express yourself allows you communicate fully. Each student gets a sheet of paper and 30-minutes. Their goal is to express an idea, opinion, belief, lesson, story or experience on the paper. You can have them present their expression in pairs, teams or individually in front of the group. Expressions could be written prose, pictures, poems, songs, a combination of many, etc.
- 4. Rock, Paper, Whatever** - A fun creativity activity. In pairs, the students create a new "weapon" for Rock, Paper, Scissors that has a person, an animal and a weapon. They must also create a body motion and sound for their "Whatever". The crazier the better. Then everyone walks around and plays traditional RPS, except they use their "Whatever" after they count to three.
- 5. Street Signs** - Why do we celebrate the people we do? This activity can be as long as you want and the presentations' look can vary. The goal is for students to purposefully capture all the community items (streets, buildings, awards, etc.) that are named after someone. Then they find out why each item has the name it does. They also must find out and present on one or more leadership qualities each individual possessed.
- 6. Snap It** - Everyone sees the world in different ways. Have the students take anywhere from five to twenty pictures, insert them into a PowerPoint presentation and label each image. The labels could be emotions, leadership traits, etc. Have each student present this PowerPoint presentation in class.
- 7. Mood Music** - You influence others with everything you do. Find ten songs that will instantly move the students either emotionally, socially, physically, etc. My current Mood Music playlist includes a Christmas song, a kids movie song, a few dance songs (Cha Cha Slide, YMCA, etc.), a few current CPP (Clean, Powerful, Positive) Top 40 songs. As you play a song, have everyone talk to someone next to them about the mood the song puts he/she in, what memory comes to mind or dance/sing to the song. When you switch songs (only play 20-30 seconds of each), everyone switches partners.
- 8. Shapes with Fists** - Team creativity/expression. Put the students in teams of five to eight people. Ask them to make as many shapes as they can using only their hands. Every hand must be involved. They need to keep track of all the shapes they design. They are looking for the one that is most creative and most looks like what they are shaping. This should go on for 15 minutes. After the "fiststorming" is over, each team must decide on their best creation and show it to the class.
- 9. 6-Word Story Challenge** - Deep, personal sharing. Ernest Hemingway was challenged by some friends to write a compelling, interesting story using only six-words. He did - "For sale. Baby shoes. Never worn." This has become an activity called the 6-Word Story Challenge. Each student gets a sheet of paper and a marker. They must write a story using only six-words. The subject can be whatever you pick. I use it for having audience members express how they plan to make an impact as a leader.
- 10. Fingerprinting** - Individualism. Have each student create a picture that represents them from the present or the past using fingerprinting ink. Have each student present their picture to the class.



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