



OKLAHOMA CareerTech

FCS Family and Consumer Sciences
FCCLA - Family, Career and Community Leaders of America

Contact Us

April 5, 2022

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ATTENTION: Need more attendees for May Workshops; otherwise in jeopardy of being canceled! Register now at the links below!

May Workshops

Three professional development workshops will be available **May 24-26** in Stillwater. Click the links below to register for each workshop and to view the agenda, description, and cost. 412/314 money may be used to cover registration costs, transportation, food and hotel while attending workshops.

Active Aging Across the Lifespan. If you teach Human Growth and Development and/or Interpersonal Studies, this workshop is for you!

[Register Here](#)

Basic Sewing/Serger Workshop with quick projects will benefit any teacher looking for some new sewing project ideas as well as anyone needing basic sewing skills and machine maintenance knowledge.

[Register Here](#)

Culinary Basics will allow hands-on-opportunities to gain accurate knife skills, fabricate a chicken, make pie dough, and garnish a plate.

[Register Here](#)

Registration will close **May 1**. Currently, the numbers are low and we need more people to register to be able to host the workshops. If you have questions about the workshops, please contact maryjane.grayson@careertech.ok.gov or call 405.743.5469.



OK Summit August 1-2, 2022 Tulsa

OK Summit will be held at Tulsa Cox Business Convention Center **August 1-2**. Lodging is now available for your reservations. For hotel information click below. For additional information follow link below.

55th OK Summit

OKFB Women's Leadership Committee Conference

April 22-23 NCED Hotel and Conference Center, Norman

Join fellow Oklahoma Farm Bureau women during the 2022 OKFB Women's Leadership Committee Conference **April 22-23** at the NCED Hotel and Conference Center in Norman. Featuring breakout sessions, keynote speakers, community service projects and fellowship, there is sure to be something for everyone. Farm Bureau members may register at the attached link for this conference and it is free. If you are not a member you can attend and the cost is \$75.00. Registration deadline is **April 8**. Please contact Jan Long at jan.long@careertech.ok.gov if you are planning to attend. [Detailed information.](#)

Register

NLC Competition Prep Day

Join us **April 28, 2022 9:00 a.m. – 3:00 p.m.** in Stillwater, OK at the Oklahoma Department of CareerTech for NLC Competition Prep Day. Participants should be in official dress and bring all STAR Event materials in order to be evaluated/prepped for NLC. To RSVP, complete this form: <https://forms.gle/Z65T6AShbZELvvxS814th>

Participants should have speeches, wifi devices, and everything they would need to take with them to NLC so they can practice how they'll compete. Unfortunately, this is not open to Culinary Arts or Baking and Pastry this year. Please RSVP by **April 14th** so we can have enough judges present.

National Leadership Conference

Preparing to Attend NLC Webinar – This webinar was hosted by National Staff March 10, 2022. Please watch this before registering and trying to secure lodging. It is very helpful! <https://www.youtube.com/watch?v=3lJbGuxnFM0>

Oklahoma Delegation Package – this is required for everyone from Oklahoma attending NLC. This package includes a sweater, backpack/fanny pack, trading pins, Oklahoma name tag, luggage tags, t-shirt, Oklahoma luggage stickers, and travel insurance. There is also an optional adviser cardigan for an additional fee. The total cost of this package is \$90 and the optional adviser cardigan is an additional \$30.

Link to Oklahoma Delegation Package: <https://forms.gle/uZCpPq9oniPLWDSa8>

NLC Intent to Compete Form – You need to complete this form for **every event** you have qualified for NLC, whether they are going or not. Example – you have 5 events that were 1st or 2nd at state, you'll complete this 5 times. If this is a team event, there are enough spaces to place all team names on that submission. **Please complete this by April 22nd**. You cannot register your competitors for their STAR Event on the NLC registration site until you complete this form and Brittani approves them. She will do this daily.

Link to Intent to Compete Form: <https://forms.gle/Aak7xVaoH86v58cP8>

Lodging – There is no official Oklahoma hotel. The State Officers will be staying at the Omni, if you wish to try and secure lodging there.

STAR Event Registration Deadline – all NLC STAR Event competitors must be registered on the national FCCLA portal by **May 4, 2022** at 5:00 p.m. ET/4:00 p.m. Central.

Oklahoma Voting Delegates – Oklahoma is anticipated to have 8 voting delegates in San Diego, California! We are looking for students who have a schedule that allows them to participate in all Voting Delegate sessions during NLC and will represent our state well. If your student is interested in meeting National Officer Candidates and casting the ballot for the National Executive Council and Bylaw Amendments, please submit their application! Applications are due **May 12, 2022** and the application can be found: https://docs.google.com/document/d/1kGgzCtA3TMmTU_HGoQ-XClYWSU8viqvnIEluXMmFTnk/edit?usp=sharing

OSU's Family and Consumer Sciences Education Program

The OSU FCS new video is a MUST watch. It provides information about the teacher certification and Cooperative Extension programs and Dr. Paula Tripp's contact information at the end, all in about 5 minutes.

OSU FCS Video

Ag on RT 66 -- Way Out West

Register Today!!!

June 7-9, 2022

Event Cost: This tour cost \$75 and space is limited. Hotel and meals are provided.

Event Description: Join Oklahoma Ag in the Classroom on a three day adventure, "Oklahoma Agriculture on Rt. 66." We will travel from around Hinton, OK to the western state line. Departure location to be determined.

Encounter Oklahoma agriculture as we travel "America's Main Street." Stops will include: cattle ranches, vegetables, grain, and so much more!



Application Process: Apply for the trip today with the form below. *IF YOU ARE SELECTED TO PARTICIPATE IN THE TRIP, AN AITC STATE COORDINATOR WILL CONTACT YOU WITH REGISTRATION AND PAYMENT INFORMATION TO COMPLETE YOUR REGISTRATION.* Teachers who have NOT attended an AITC Road Trip (or have not attended in several years) are given TOP preference.
If you have questions, contact Emily Ague at (405) 885-1851 or emily.ague@ag.ok.gov

Apply Today

Curriculum Spotlight

Do you have 412/314 monies that you need to spend for this school year? If so, check out Nasco online at <https://www.enasco.com/>

At the website, click on “Categories”, then find Family and Consumer Sciences. You will find numerous resources including learning games, activities, and visuals that can enhance the courses you are teaching. One example is the “How Much Fat? Test Tube Display” <https://www.enasco.com/p/How-Much-Fat%3F-Test-Tube-Display---Part-1%2BWA16053?searchText=how+much+fat+test+tubes>

Also, check out the Blog to find teacher resources, lessons and activities related to FCS as well as general education such as the article “12 things teachers and parents should say to each other more often” found at <https://nasco-education-blog.com/2021/03/17/teachers-and-parents-say-more-often/>

OEA OSAT OGET Targeted Support Program

OAEA is offering **FREE** online workshops (open to all – membership not required) in several areas for Oklahoma teacher certification exams.

Spring 2022 sessions will include the following:

- OGET – math focused session
- OGET – applied writing focused session
- OSAT – Special Education exam (mild/mod)
- OSAT – Early Childhood Ed.
- OSAT – Elementary Ed.

Use this link to register for details/links for upcoming online help sessions:

[Click Here](#)

For OAEA members, they provide a **\$60 voucher** per OSAT exam for up to two exams. Details on membership and signing up for a voucher code are [here](#).

Please spread the word to your students/advisees and consider posting to your Canvas page if you’re teaching this semester.

Dates and Deadlines

April 7: Mastering Mental Health Workshop

April 8: OKFB Women's Leadership Committee Conference Deadline

April 11-14: District Officer Interviews

April 14: Deadline to RSVP for NLC Competition Prep Day

April 22: NLC Intent to Compete Form Due

April 22-23: OKFB Conference

April 28: NLC Competition Prep Day

May 1: Registration Deadline for May Workshops

May 4: NLC Star Event

May 12: OK Voting Delegates Applications Due

May 24-26: May Workshops

June 7-9: Ag on Route 66

August 1-2: OK Summit
